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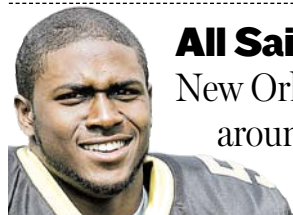
Wednesday



A man grieves at the site of Tuesday's blast.

Lured to Death: Dozens die in Baghdad truck bombing | **6**

Clean Conscience: Carbon offsets help ease driver guilt | **29**



All Saints' Day: New Orleans rallies around surprise team | **13**

ENTERTAINMENT

Raw 'Fish': Ghostface Killah serves up more hardcore rap on his new CD. Plus, the spawn of Tammy Faye.

>> **17-20**

Weather >> Mild, Rain



56 | 42

FULL FORECAST ON PAGE 30

D.C., Md. Trail in Readiness

Study cites poor preparedness for bioterror, pandemic flu

WASHINGTON | Maryland and the District rank in the lowest one-third of American states in their level of preparedness for health emergencies like bioterrorism or pandemic flu, according to a study issued Tuesday.

Virginia, in contrast, is among the 14 best-prepared states, says the report by the Trust for America's Health, a non-partisan public health advocacy group. The report found that, overall, the nation is not nearly as ready as it should be for bioterrorism, bird flu and other health crises.

District health officials took issue with the report, saying that it was unfair to compare a city with a significant number of poor people to entire states. "It gives a misleading picture," said Dr. Gregg A. Pane, director of the D.C. Department of Health.

The report found that half of all states — including Maryland and Virginia — would run out of hospital beds within two weeks of a moderately severe pandemic flu outbreak. The District is in better shape: Only about two-thirds of its hospital beds would be filled.



Pane

But the District fared worse in another key area: seasonal flu vaccinations. They are viewed as an indicator of how well a state is prepared for an emergency that would require distribution of vaccines. Only 58 percent of D.C. residents 65 or over got their shots in the 2003-2005 period, the second-lowest level in the nation after Nevada, the report said. That compared to 68 percent in Virginia and 64 percent in Maryland. **MARY BETH SHERIDAN (THE WASHINGTON POST)**

Immigration Raid Targets ID Thieves



STING: Immigration and Customs Enforcement agents search an unidentified man during a raid at a Swift and Company beef plant in Greeley, Colo., Tuesday. Agents raided plants in six states and arrested an unknown number of people in an identity theft sting. ❖ **Wide net:** Raid is part of yearlong inquiry | **Page 4**

SNOW | I'm Bidding on a White Christmas Those in England or Wales dreaming of a White Christmas could simply pay to make it happen. A company is auctioning a 10-ton load of snow to be delivered on Christmas Eve, the Mirror reported. The



offer — proceeds of which go to charity — also includes a decorated Christmas tree, wreath and Christmas lights. Staff of the company, SNO!zone, will place the snow around the house and set up the decorations, the company said. (EXPRESS) **EyeOpeners** | **Page 2**

eyeOpeners

DEVELOPMENT

Maybe It Can Be a Nice Wal-Mart

Boston Mayor Thomas Menino proposed selling City Hall to private developers Tuesday to "galvanize the vitality of our downtown." A new City Hall could be built on a city-owned site at the waterfront, Menino said. "This sale will open up prime real estate for facilities and open space that will ... strengthen Boston's future," Menino said. The hulking City Hall building, which opened in 1968, is jarringly out of place among Boston's historic colonial architecture and has long been considered an eyesore at the site across from Faneuil Hall. (AP)

COSMETIC SURGERY

Idea for Purina Execs: Pet Botox!

A London dog received a \$1,900 face-lift after a rescue home was afraid the Shar-Pei's wrinkles would make it hard for him to see, the Daily Mail reported. The Battersea Dogs and Cats Home got "Shankly" from someone who found him on the street; workers said there was too much skin on his forehead and between his eyes. (EXPRESS)



MALLS

Rest Room

Walking around the mall can be tough, especially this time of year. After a few hours, your feet start to hurt and you just want to sit down and take a break. But that might not have been a very pleasant experience for shoppers on Tuesday at a mall in Nanjing, China, where customers rested on seats shaped like Western-style toilets. Customers were allowed to use the seats after learning about modern flush-toilet use, something the country is trying to increase awareness about. (EXPRESS)



Die-hard bowlers will do anything to enter the fabled halls of officers' alleys.

CRIMINAL JUSTICE

'No Strikes and You're Out' Rule

A Savannah, Ga., man went to jail Saturday for impersonating a sheriff's deputy so he could go bowling. Jeffrey Eugene Ferguson pulled up to a gate at Hunter Army Airfield and showed a guard a sheriff's badge, police said. Ferguson, who was jailed on charges of impersonating a police officer, later said he was trying to get on the military post to go to its bowling alley. (AP)



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LUNG REDEMPTION? In a study of older women, researchers found that a physically active smoker had a 35 percent lower risk of lung cancer than a sedentary smoker. Even so, one expert called that reduction trivial because smoking itself is so risky.

Nation

In Brief



An astronaut inspects the outside of the international space station Tuesday.

CAPE CANAVERAL, FLA.

Astronauts Begin Walks in Space to Work on Station

Astronauts guided into place and bolted down a 2-ton addition to the international space station Tuesday, making the first of three difficult spacewalks during space shuttle Discovery's stay at the orbiting lab. U.S. astronaut Robert Curbeam, a veteran spacewalker, and the European Space Agency's Christer Fuglesang, who is making his first spacewalk, stepped outside at 3:31 p.m. EST as the station flew over Europe. (AP)

WASHINGTON

Government Appeals Money Redesign to Aid the Blind

The Bush administration on Tuesday asked an appeals court to overturn a ruling that would require a redesign of the nation's currency to help the blind. The appeal seeks to overturn a ruling last month by U.S. District Judge James Robertson who ordered Treasury to come up with ways for the blind to tell the difference between different denominations of paper currency. (AP)

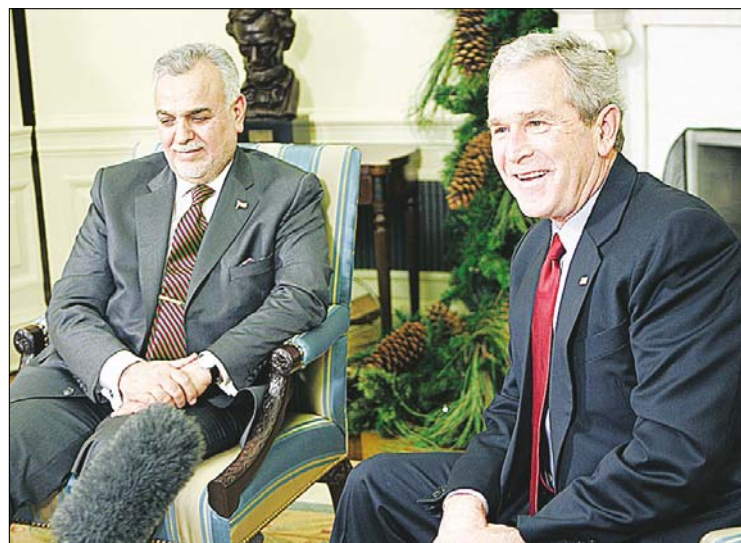
Bush to Announce Iraq Plan in '07

President delays speech on war until January, gives no hint of change

WASHINGTON | President Bush, facing intense pressure to craft a new blueprint for the Iraq war, said Tuesday the U.S. is holding fast to its objectives and commitment. The White House said he knows the general direction he wants to move U.S. policy but won't announce it until next month.

Bush gave no hints of a change in direction after a meeting with Iraq's Sunni Vice President Tariq al-Hashemi, one of several Iraqi powerbrokers he's recently hosted in the Oval Office.

"Our objective is to help the Iraqi government deal with the extremists and the killers, and support the vast majority of Iraqis who are reasonable, who want peace," Bush said.



President Bush meets with Iraq's Vice President Tariq al-Hashemi in Washington on Tuesday. The president is delaying a major speech on Iraq plans until January.

Bush met for 25 minutes with al-Hashemi, who has been linked to a behind-the-scenes effort to form a new ruling bloc that could topple

the fragile Iraqi government led by Nouri al-Maliki.

White House press secretary Tony Snow said the president had expect-

Non-Answers on Iraq

→ What didn't Tony Snow know and when didn't he know it? The White House press secretary wasn't sharing about the new plan on Iraq Tuesday, Dana Milbank writes. | **Today, A Section**

IN The Washington Post

ed to make a speech before Christmas to announce his new strategy for Iraq but still had questions and was not yet ready to make all the decisions he needed to make.

Democrats didn't agree.

"It has been six weeks since the American people demanded change in Iraq," said Harry Reid, who will become Senate majority leader. "In that time, Iraq has descended further toward all-out civil war and all the president has done is fire Donald Rumsfeld and conduct a listening tour." DEB REICHMANN (AP)

Pentagon Tops Recruitment Goals

WASHINGTON | Though Americans are increasingly pessimistic about the war in Iraq, the Pentagon said Tuesday it is having success enlisting new troops. The Navy and Air Force met their recruiting goals last month while the Army and Marine Corps exceeded theirs, the Defense Department announced.

The Army, which is bearing the brunt of the work in Iraq, did the best. It signed up 6,485 new recruits in November compared with its tar-



The Pentagon says the Army met 105 percent of its recruitment goal last month.

get of 6,150 — meaning 105 percent of its goal.

All the services turned in similar performances in October as well, meaning they so far are meeting their goals for the 2007 budget year that began Oct. 1.

The progress in recruiting comes as U.S. pessimism over the Iraq campaign mounts, according to a recent AP-Ipsos poll. Some 63 percent of Americans said they don't expect a stable, democratic government to be established in Iraq, up from 54 percent who felt that way in June. (AP)

HEARSAY | STANCES

"He either is or isn't in favor of the homosexual agenda and we need to know before we would get involved in his candidacy."

—PAUL WEYRICH, FREE CONGRESS CEO ON POTENTIAL GOP PRESIDENTIAL CANDIDATE MITT ROMNEY'S POSITION ON GAY MARRIAGE, WHICH HAS BEEN INCONSISTENT

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Nation

800

The number, in thousands, of people who had personal information exposed when a hacker broke into a UCLA campus computer system over the past year.

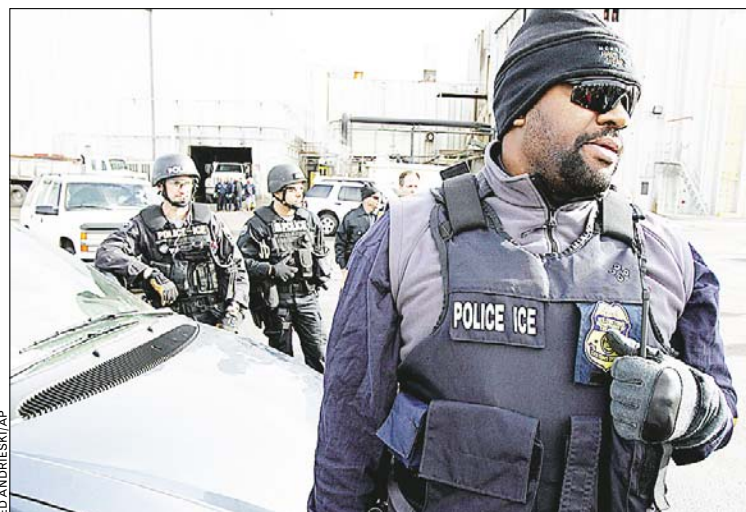
Agents Raid 6 Meat Plants

ID theft probe in six states targets illegal workers at factories

GREELEY, COLO. | Federal agents raided meat processing plants in six states Tuesday and arrested an unknown number of suspected illegal immigrants in an identity theft investigation, temporarily suspending operations at all six plants.

Immigration and Customs Enforcement officials said the workers were being arrested on administrative immigration violations and, in some cases, criminal arrest warrants stemming from a nearly year-long investigation.

ICE chief Julie L. Myers told reporters in Washington that agents had uncovered a scheme in which illegal immigrants and others had stolen or bought the identities and Social Security numbers of possibly hundreds of U.S. citizens and lawful residents to get jobs with Greeley-based meat processor Swift & Co.



Immigration and Customs Enforcement agents guard the entrance to a Swift & Co. meat processing facility in Greeley, Colo., while it was raided on Tuesday.

Six Swift processing facilities were raided Tuesday, in Greeley; Grand Island, Neb.; Cactus, Texas; Hyrum, Utah; Marshalltown, Iowa; and Worthington, Minn., representing all of Swift's domestic beef processing capacity and 77 percent of its pork processing capacity.

No charges had been filed against the company.

"Swift has never condoned the employment of unauthorized workers, nor have we ever knowingly hired such individuals," Swift & Co. President and CEO Sam Rovit said.

KIM NGUYEN (AP)



Ever Have Anxiety Attacks?

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World



MAN ON A MISSION: George Clooney, joined by fellow activist actor Don Cheadle, arrived in Egypt on Tuesday, campaigning to raise awareness about killings in Darfur. He arrived from China, where he made a plea to stop the violence in the region.

63 Killed, 200 Hurt in Iraq Bombing

Suicide attack strikes square where poor Shiites search for jobs

BAGHDAD, IRAQ | A suicide bomber struck a crowd of mostly poor Shiites in Baghdad on Tuesday, killing at least 63 people and wounding more than 200 after luring construction workers onto a pickup truck by offering them jobs as they were eating breakfast.

The blast, condemned by both Shiite and Sunni lawmakers, came on a day that saw the U.S. military report the deaths of five more troops. At least 59 other Iraqis were also killed or found dead, including an AP Television News cameraman who was shot while covering clashes in the northern city of Mosul.

The Baghdad suicide attack shattered storefront windows, dug craters in the road and set fire to several cars. People rushed to the devastated area to see if friends or relatives were killed or wounded. Mangled bodies were piled up at the side of the road and partially



covered with paper. Two men sat on the sidewalk, crying and covering their faces with their hands.

The bombing took place about 7 a.m. in Tayaran Square, where men gather daily to solicit jobs as construction workers, cleaners and painters. They buy breakfast at stands selling tea and egg sandwiches while waiting for potential employers to drive up, making them easy targets.

The practice has become increasingly common amid high unemployment and soaring prices, forcing men to hire themselves out daily to feed their families.

It was the second major attack in less than a month in which unemployed Shiites were lured to their deaths by a suicide bomber promising to hire them for the day. On Nov. 19, 22 people were killed and 44 were wounded when a minivan driven by a man promising work exploded in the mainly Shiite southern city of Hillah. **KIM GAMES (AP)**

An injured Iraqi lays in a hospital after a car bomb killed 63 and wounded 200.

In Brief

MOSCOW

Interpol Joins Investigation Into Ex-Russian Spy's Death

Interpol said Tuesday it has joined the investigation into the poisoning death of a former Russian agent, in an effort to coordinate an inquiry that has pulled in witnesses and evidence in three countries. The investigation into the death of Alexander Litvinenko so far has involved Britain, where he fell sick and died after being poisoned with polonium-210, Russia and Germany. Some of the men who met with Litvinenko on Nov. 1 — the day he is believed to have fallen ill — traveled to London from Moscow and Hamburg. (AP)



Investigators look for traces of radiation in an estate in Haselau, Germany.

MADRID

Year of Surveillance Leads To Capture of 11 Militants

Acting on more than a year of surveillance, police commandos in the Spanish African enclave of Ceuta arrested at least 11 suspected Islamic militants Tuesday, including two brothers of a former Guantanamo Bay detainee, saying the men had moved from "fanatic discussions" to concrete plans to carry out attacks. (AP)

KANDAHAR, AFGHANISTAN

Karzai Lashes Out at Pakistan for Aiding Taliban

President Hamid Karzai directly accused Pakistan's government Tuesday of supporting the Taliban insurgency in his country, hours after a suicide attacker exploded himself in an Afghan governor's compound, killing eight. "The problem is not Taliban. The problem is with Pakistan," Karzai said. He said the Taliban took power with support from Pakistan, calling it "more than a boss." (AP)

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World

Israel's Demise Is Predicted in Iran

At Holocaust meeting, president says Jewish state will be 'wiped out'

TEHRAN, IRAN | Iran's hard-line president said Tuesday that Israel will one day be "wiped out" as the Soviet Union was, drawing applause from participants in a conference casting doubt on the Holocaust.

President Mahmoud Ahmadinejad's comments were likely to further fuel the outcry prompted by the two-day gathering, which has gathered some of Europe's and the United States' best-known Holocaust deniers.

Anger over the conference could further isolate Iran as the West considers sanctions in the standoff over Tehran's nuclear program.

But Ahmadinejad appeared to

revel in his meeting Tuesday with conference delegates, shaking hands with American participants and sitting near six anti-Israel Jewish participants, dressed in black ultra-Orthodox coats and hats.



Ahmadinejad

"The Zionist regime will be wiped out soon the same way the Soviet Union was, and humanity will achieve freedom," Ahmadinejad said during Tuesday's meeting.

British Prime Minister Tony Blair said Tuesday that the conference was "shocking beyond belief" and "a symbol of sectarianism and hatred." The White House condemned Iran, saying the conference is "an affront to the entire civilized world." (AP)

CHILE | DICTATOR PINOCHET LAID TO REST



DIVIDED COUNTRY: Supporters of former military ruler Gen. Augusto Pinochet wave as they attend his funeral in Santiago Tuesday. Others booed the leader, who was denied a state funeral due to his bloody coup in 1973.

British Police Hunt for Serial Killer

IPSWICH, ENGLAND | The search for a serial killer who preys on prostitutes in eastern England intensified Tuesday with the discovery of two more bodies, and detectives warned sex workers "to get off the streets

as soon as possible."

Detectives were already investigating the deaths of three women, whose naked bodies were found a few miles apart, stirring memories of the "Yorkshire Ripper." (AP)

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Money

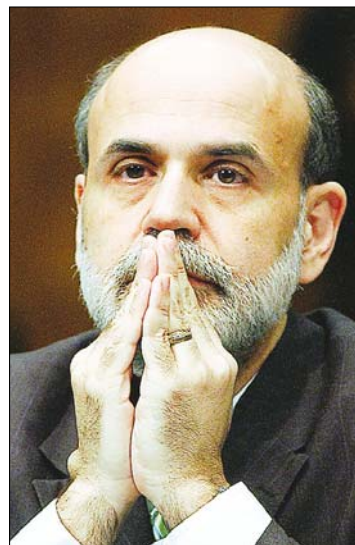
Fed Holds Steady Yet Again

But there's no hint at a lowering of interest rates in near future

WASHINGTON | The Federal Reserve kept interest rates steady, giving holiday shoppers a reason for some cheer. However, the Fed held back an extra gift Wall Street was hoping for: a signal that rates might actually be lowered soon.

Wrapping up their last meeting of the year, Fed chairman Ben Bernanke and all but one of his central bank colleagues agreed Tuesday to leave an important rate unchanged at 5.25 percent, the fourth straight meeting without budging the rate.

That meant commercial banks'



Fed chairman Ben Bernanke voted to hold interest rates steady on Tuesday.

prime interest rate — for certain credit cards, home equity lines of credit and other loans — stayed at 8.25 percent, once again giving a break to borrowers who until this summer had endured the pain of two-plus years of rate increases.

"The Fed is not acting like the Grinch this Christmas. But it is not putting presents in anyone's stocking, either," said Mark Zandi, chief economist at Moody's Economy.com.

Fed policymakers said growth has slowed over the course of the year, partly reflecting a "substantial cooling" of the housing market. That description went beyond the previous assessment in late October and suggested a sharper slump in housing was taking place. (AP)

Cause of E. Coli Scare Still a Mystery

Taco Bells reopen in N.J.; green onions not confirmed as culprit

HILLSIDE, N.J. | All but four of Taco Bell's 86 New Jersey restaurants were back in business Tuesday even as the fast-food chain and health officials across the United States sought what caused an outbreak of E. coli that sickened scores

of customers in four states.

The four restaurants — three in Union County and one in Salem County — remained closed because they were awaiting deliveries of new food after having discarded all their old foodstocks, Taco Bell spokesman Will Bortz said.

The reopening in New Jersey occurred even as U.S. health officials acknowledge they do not know what caused the outbreak of the intestinal

illness in New Jersey, New York, Pennsylvania and Delaware.

Green onions, or scallions, were initially thought to have been to blame for the outbreak, but federal testing has failed to confirm that.

Nonetheless, "out of an abundance of caution," Taco Bell President Greg Creed said the company has switched its produce supplier from Ready Pac of Irwindale, Calif., to Taylor Farms of Salinas, Calif. (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Unifi	2.19	+.20	+10.1
DoralFin lf	3.17	+.27	+9.3
OrientFn	12.59	+.84	+7.1
R&G Fnc lf	8.09	+.47	+6.2
Greif B	105.00	+5.60	+5.6

Losers

Spartch	25.45	-4.67	-15.5
Celestic g	8.23	-1.14	-12.2
AllegTch	89.77	-7.90	-8.1
Amrep	108.60	-9.63	-8.1
Nucor s	59.60	-4.75	-7.4

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Mamma	4.28	+1.91	+80.6
ValeraPh n	7.87	+2.46	+45.5
EpixPhm n	7.19	+1.67	+30.3
InsWeb	3.02	+.52	+20.8
Iomai n	5.00		...

Losers

EndWve	10.94	-1.85	-14.5
TaroPh lf	10.90	-1.75	-13.8
SmithWes	10.03	-1.55	-13.4
Tweeter	2.18	-.29	-11.9
Matrixx	16.25	-2.14	-11.6

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	8.25	8.25
Fed Funds close	5.25	5.25
3-month disc	4.81	4.86
2-year	4.62	4.52
10-year	4.49	4.45
30-year	4.61	4.58

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.5076	.5105	.5634
Canadian Dollar	1.1523	1.1481	1.1519
European Euro	.7532	.7546	.8368
Japanese Yen	116.90	116.88	119.75
Mexican Peso	10.8450	10.8422	10.6200
Taiwanese Dollar	32.50	32.51	33.55

DOW NASDAQ S&P 500

-12.90	-11.26	-1.48
-0.10	-0.46	-0.10
12315.58	2431.60	1411.56

Media Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
CBS B n	31.30	-.02	+22.7
ClearChan	35.30	-.13	+12.2
Comcast	43.08	+.39	+66.2
Comc sp	42.71	+.25	+66.3
DirectTV	25.01	-.48	+77.1
Disney	34.54	+.02	+44.1
EchoStar	37.98	+.45	+39.7
GTelevisa s	27.65	+.03	+37.4
McGrwH	68.00	+1.66	+31.7
NewsCpA	21.18	-.19	+36.2
NewsCpB	22.20	-.15	+33.7
Omnicom	104.86	+.85	+23.2
Thomson	42.22	-.20	+22.0
TimeWarn	21.30	-.03	+22.1
ViacomB	37.84	-.36	-8.0



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Celebration of the holiday season: Events include the lighting of the community Christmas tree on the lawn of the historic Martha Washington Inn, three different Christmas plays at the Barter and the Christmas Tour of Homes and a holiday downtown celebration on December 10.

7.8

The percent rate increase power company Pepco asked the D.C. Public Service Commission to authorize Tuesday, saying it needs \$50.5 million more a year to pay for maintaining and modernizing its distribution system.

Local

Va. Man Who Caught Girl Awarded

Passerby spotted the 2-year-old in window, snatched her as she fell

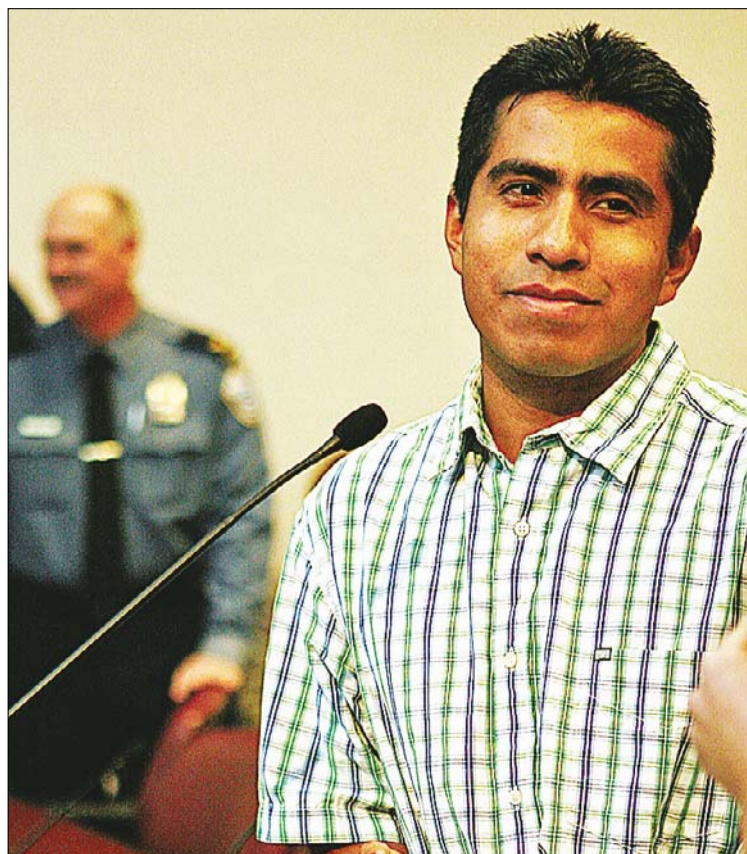
ARLINGTON, VA. | It took a second or two for Jaimen Ortiz to fully comprehend what he was seeing: two toddlers playing in an open second-floor window, and one of them hanging from the windowsill.

So Ortiz hopped a fence and ran to the apartment building. Just as he got there, the 2-year-old girl fell, screaming. Ortiz put out his arms and caught her cleanly, perhaps saving her life and certainly preventing serious injury.

"If I had delayed one more second, she would have fallen to the ground," Ortiz said through a Spanish interpreter, recalling the Oct. 13 incident.

Ortiz's quick thinking was honored Tuesday, when the County Board presented him a certificate of recognition for his heroism.

Arlington Police Chief Doug Scott said it's unusual for a citizen to react so quickly to an out-of-the-



Jaimen Ortiz, 29, receives a certificate of recognition from the County Board in Arlington, Va., on Tuesday. Ortiz caught a 2-year-old after she fell from a window.

ordinary situation.

"You see two kids playing, your first assumption is that the parents are around somewhere," Scott said. "If he hadn't reacted instantly, he's not going to be in the position he was in" to catch the girl.

As it turns out, the children's parents were nowhere to be found. The father of the 2-year-old and her 1-year-old sister had left the girls home alone, police said, and locked them in their room.

The father was charged with reckless endangerment, and his court case is pending. The girls are now in their mother's custody.

Ortiz, for his part, said he had little time to think about what happened or to be nervous prior to making the catch.

"Once I caught her, I felt this rush of adrenaline," he said.

Ortiz, 29, seemed slightly overwhelmed by the attention he received Tuesday. MATTHEW BARAKAT (AP)

Two times a hero: Ortiz says that, as a teen, he also saved a woman from drowning. **Today's Post, Metro**

No Appeal In Lending Law Case

Montgomery County says the ruling against new penalties stands

ROCKVILLE, MD. | The county will not appeal a recent decision by a county judge striking down a law that would have toughened penalties for predatory lending, officials said Tuesday.

County Executive Isiah Leggett and the county council issued a statement saying they would not appeal the recent ruling by Montgomery Circuit Judge Michael D. Mason.

The county law would have authorized fines of up to \$500,000 for lenders who gave minority borrowers large loans with punishing repayment terms. Previously, the maximum fine was \$5,000.

Mortgage lenders sued, and Mason concluded the county didn't have the authority to enact the law. (AP)

Portrait Gallery Official to Resign

WASHINGTON | The director of the Smithsonian's newly reopened National Portrait Gallery has said he will retire next year.

Marc Pachter is ending a 33-year career at the Smithsonian, where he started as chief historian and assistant director at the gallery. More recently, as museum director, Pachter oversaw



Pachter

an extensive renovation and secured the famous Gilbert Stuart portrait of George Washington.

"To end my career involved in the renewal of a phenomenal building and the rebirth of the National Portrait Gallery is the greatest privilege of all," Pachter said. (AP)

The Lotteries

Tuesday, December 12

DISTRICT
Mid-day Lucky Numbers **9-4-8**
Mid-day DC 4 **7-2-8-0**

MARYLAND
Mid-day Pick 3 **3-2-4**
Mid-day Pick 4 **4-2-4-1**

VIRGINIA
Mid-day Pick 3 (Tues.) **3-6-7**
Evening Pick 3 (Mon.) **2-4-5**

Mid-day Pick 4 (Tues.) **7-1-2-5**
Evening Pick 4 (Mon.) **6-6-1-8**
Mid-day Cash 5 (Tues.) **3-7-16-27-31**
Evening Cash 5 (Mon.) **11-17-19-27-31**

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.



BY THE NUMBERS: Metro trains will slow down to less than 20 mph when within 600 feet of track workers, under rules set Tuesday after two workers were killed. (AP)

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Cars



Sure, it's still a sedan, but you'll be able to pick it out of a lineup a little bit easier, now that the 2007 Chrysler Sebring's style lines and profile have been reworked.

Looks Are Important

Chrysler's new sedan takes steps to break away from the pack

ROAD TEST | Forget Chrysler's nice Sebring mid-size sedan. Nice won't get noticed in the auto industry.

So the new-for-2007 Sebring — with intriguing style lines on its hood, a taller profile and a slightly higher driver's seat — has a more distinctive appearance that won't be confused with other, look-alike family sedans. It also comes with more safety equipment, better ride and handling and more features than its predecessors.

Among the new items is an available on-board 20-gigabyte computer hard drive that can handle navigation and information needs as well as personal music and photo storage.

And with the addition of a second V-6 to Sebring, the 2007 car becomes one of the few mid-size sedans offering American consumers a choice of three engines.

The Sebring gets its first major revision since the 2001 model year. It is offered in three trim levels — base Sebring, Touring and Limited.

Inside, the Sebring's interior echoes the hood lines here and there — on the inside of the doors and on the dashboard in front of

NUTS & BOLTS

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TOURING SEDAN

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Powertrain: Front-engine, front-wheel drive, five-passenger, mid-size sedan; 2.4-liter, double overhead cam four cylinder with VVT | **Wheelbase:** 108.9 inches | **Measurements:** 190.6 inches long, 3,350 pounds | **Mileage:** 24 mpg (city), 32 mpg (highway)

the front passenger.

But the overall interior is clean and well-arranged.

Shoppers should be sure to check out the seat fabric that's offered as an option in the base Sebring and standard on the Touring model.

Chrysler officials said the fabric is stain-, fade- and even odor-resistant. It looks attractive, is pleasant to rest on — with none of the extreme hot and cold surfaces of leather — and can even be fitted over optional heated seats.

The optional hard drive in the dashboard, called MyGig, will be available later in the model year on mid- and upper-level Sebring models. ANN M. JOB (AP)

TROPHY TRANSPORT: Trying to avoid the same type of mishap that occurred when Eddie George put the Heisman Trophy through a metal detector at the airport and broke it, Ohio State QB Troy Smith elected to ship the award home to Columbus rather than bring it with him on the plane.



Sports

Soaring Saints Are Talk of the Town

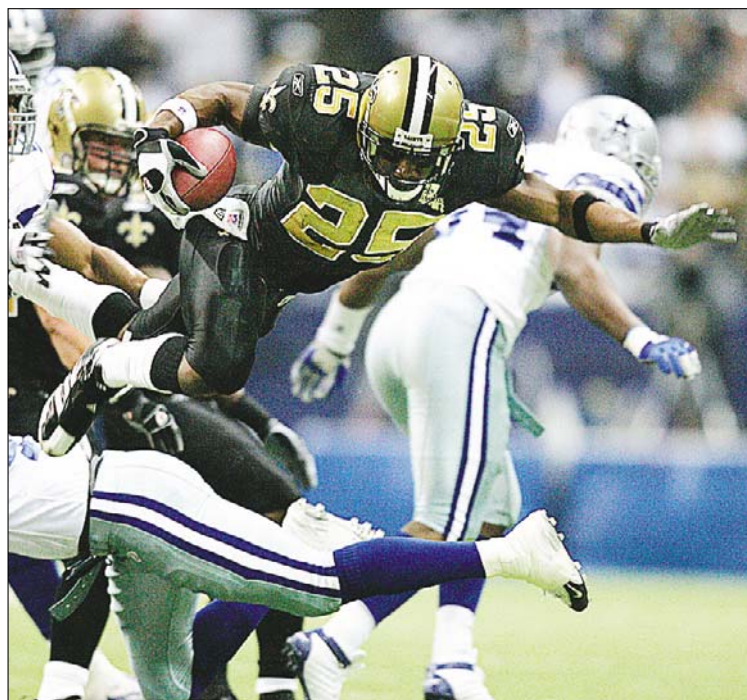
Team met with Mardi Gras-level excitement after its latest victory

FOOTBALL | Special teams standout Steve Gleason likened the Saints' welcome home to a Mardi Gras parade, except that it happened on a dark and normally quiet airport access road around 2:30 a.m. Monday.

A throng of jubilant fans set up along the road with coolers as they would on St. Charles Avenue during Carnival, leaving only enough room for players' cars to creep past single file.

"There must have been between 500 and 1,000 fans going crazy. We couldn't get our cars out of the parking lot. It was like a parade pace," Gleason said.

New Orleans, which has not been to the playoffs since 2000, is now



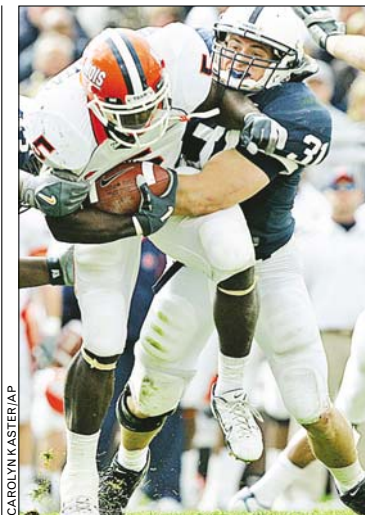
SUPERMAN: Reggie Bush goes airborne in Sunday's win over the Cowboys. The Saints are off to a 9-4 start and can clinch the division with a win over the Redskins.

9-4 and can clinch the NFC South Division title by beating the Washington Redskins in the Louisiana Superdome next Sunday.

The dream scenario that made a nice story over the season's first few weeks has endured well beyond what any NFL prognosticator predicted for a team that went 3-13 in 2005.

The Saints' return here after being displaced by Hurricane Katrina was uplifting by itself. But consistent winning has kept Saints hysteria building, and it hit a new high during New Orleans' 42-17 triumph at Dallas on Sunday night.

"When we were flying back, I thought surely at 2:30 in the morning there's not going to be anyone out there," first-year coach Sean Payton said. "Then, when we landed it seemed like there were more people out there [than usual]." (AP)



Penn State LB Paul Posluszny, right, is an All-American again this year.

All-America Honors Are Awarded

Posluszny and Jarrett both make the cut for the second time

COLLEGE FOOTBALL | Penn State linebacker Paul Posluszny and Southern California receiver Dwayne Jarrett overcame adversity to become two-time Associated Press All-Americans.

Posluszny and Jarrett were selected to the first team for the second consecutive season Tuesday, joining Heisman Trophy winner Troy Smith and Arkansas running back Darren McFadden on the AP's honor roll.

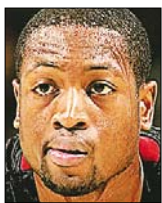
Smith, the senior quarterback, is one of three Ohio State players on the first team, along with defensive tackle Quinn Pitcock and linebacker James Laurinaitis. Big Ten rival Michigan matched the Buckeyes for the most first-teamers with defensive end LaMarr Woodley, CB Leon Hall and offensive tackle Jake Long.

Smith and the top-ranked Buckeyes will play Florida in the national title game Jan. 8 in Arizona. The Gators were represented on the first team by safety Reggie Nelson. Notre Dame quarterback Brady Quinn, who finished third behind Smith and McFadden in the Heisman voting, made the second team. RALPH D. RUSSO (AP)

Tooth Surgery Will Keep Wade Out Against Suns

BASKETBALL | Dwyane Wade had two wisdom teeth removed Tuesday, and the Miami Heat's star guard will miss Wednesday night's game against Phoenix.

Wade — averaging 28 points, fifth in the NBA — did not practice Tuesday. He began experiencing pain last week, and visited dentists three times before the decision was made to extract the teeth.



Wade

"Tooth problems can bring a grown man to his knees," Wade said after scoring 37 points to lead Miami to a 99-77 win over the Toronto Raptors on Monday night.

The team said Wade would be evaluated daily and could play Friday when Miami visits Washington. Wade has led Miami in scoring in each of its last 17 games, a team record. (AP)

Athletes' Awards Go Beyond Medals

At Asian Games, many countries reward their winners with bonuses

ASIAN GAMES | In South Korea, all able-bodied men are expected to put in 26 months of mandatory military service. Jo Nam-yi bowled his way out of that by winning a gold medal at the Asian Games.

When Malaysia's Nicol David won the British Open, the most prestigious tournament title in squash, the prize money was \$4,200. If she wins in Doha, she'll reportedly get a bonus of \$25,000.

There's a lot more at stake in the Asian Games than just gold medals. For countries eager to enhance their international reputation, winning at the games is an important chance to wave the flag. And many have decided that athletes need more incentive than mere national honor.

"My biggest prize is the exemption from the military," Jo said. "Even if the Asian Games are not a global competition, they are still a great event. They're a chance to



South Korean bowler Jo Nam-yi, right, receives a congratulatory hug after winning gold at the Asian Games. His victory exempts him from serving in the military.

get a gold and be exempted from the military, which is very important for South Korean men."

The incentives are many and varied, but cash is the most common. Chinese officials generally don't talk about bonuses, but it has been widely reported in Doha that its swimmers stand to earn as much as \$20,000 for winning gold. India gives \$22,000 for a gold medal at the Asian Games.

But the bonus system poses a dilemma for the poorer nations, which are hard-pressed just to provide basic funding for their teams.

"The boxers, in particular, are often in bad financial shape," Juan Jose, coach of the Philippines' women's tennis team, said. "And we have men on our tennis team who are working week in and week out just to get by." ERIC TALMADGE (AP)

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Sports

Adu Happy About Move to Salt Lake

Former United prodigy says he will stay with Real through 2007

SOCCER | Freddy Adu says Real Salt Lake is the best place for him to play, and he'll be there through the 2007 season. Beyond that, it's anybody's guess.

"I don't know what happens in June. I'm sitting back and waiting, too," the 17-year-old star said Tuesday. "The most important thing for me is to make sure this team makes it to the playoffs." He was traded to Real on Mon-



Adu

day after three sometimes tumultuous years with D.C. United. The one-year contract has options through 2009, but Adu becomes eligible to play outside the U.S. when he turns 18 in June.

Adu said he wanted the Salt Lake trade because it's a chance to play midfield. It's also another opportunity to play for John Ellinger, who coached him on the U.S. under-17 team when Adu was just 12.

"This is the best place for me to be and the right place for me to be as far as developing in my natural position," Adu said, adding Real's stable of experienced players will help him grow.

He joins a struggling team that has had two consecutive losing seasons. JENNIFER DOBNER (AP)

There are a lot of good options for treating fibroids. And one great place for all of them.



Fibroids are growths in the uterus that can disrupt women's lives. They can cause heavy or painful menstrual periods, anemia, pelvic pain and pressure, constipation, frequent urination, infertility or miscarriage.

At Washington Hospital Center, experienced gynecologists and radiologists have teamed up to create the Fibroid Center, a center in which we evaluate and treat women with troublesome fibroids. We can give you choices based on your needs and lifestyle. We offer counseling and second opinions, as well as surgical and non-surgical treatments for fibroids.

Because fibroids may cause difficulty with conception and pregnancy, we offer consultations with a high-risk obstetrician.



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TODAY'S TV LINEUP

WIZARDS (7 P.M. ON NEWS CHANNEL 8) Carmelo Anthony leads the Denver Nuggets into Washington to take on Gilbert Arenas and the Wizards.
TERPS HOOPS (8 P.M. ON COMCAST) The Terps play their last game of the semester before taking a 10-day break for finals.

On Wednesday, they host Missouri-Kansas City.

BASKETBALL (7 P.M. AND 9:30 P.M. ON ESPN) The early game features the high-scoring Suns against the Heat without the high-flying Dwyane Wade. The late game pits the Lakers against the Mavericks.

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"Unfortunately, I can't hold their hands 24/7, but it is embarrassing. It's an embarrassment to our organization, to our city and to our fans."

— **Bengals coach Marvin Lewis**, who has had eight players arrested this season. Deltha O'Neal was the latest.

Sports

DREAM TEAM ►► THE UPS AND DOWNS OF FANTASY FOOTBALL



CLOCKWISE FROM TOP: AARON MOOREHEAD, IKE HILLIARD, DEREK ANDERSON, BO SCAIFE

Best Bets: The Browns won't win until they figure out where they left the rushing portion of their playbook. Did you guys try checking between the couch cushions? But, in the meantime, new QB **DEREK ANDERSON** at least knows how to find both of his wide receivers. Now it's TE **BO SCAIFE**, who gives quarterback Vince Young a consistent safe option and, considering the anonymous state of the Titans' wide receivers, it's hard to call any of Young's options safe.

Not a Chance: This is the way the world ends for WR Michael Clayton — not with a bang, but with a torn MCL. That makes the Bucs' starter **IKE HILLIARD**, whose world ended with a whisper long ago. Usually, being the third receiver for the Colts nets the same stats as a good starting receiver on a middling team. But, this year, **AARON MOOREHEAD** pretty much just waits while Indy's D gets run over. CHRIS MINCHER (EXPRESS)

ON THE WEB | For more Fantasy analysis, visit readexpress.com every Wednesday.

Ravens' Focus Is On Staying Home

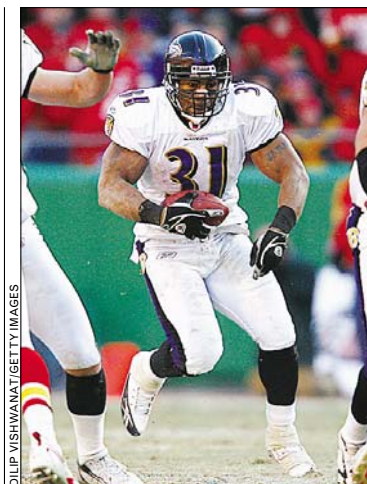
Baltimore is one game behind San Diego for home-field advantage

RAVENS | The Baltimore Ravens' goals for the regular season extend far beyond merely reaching the playoffs, a feat that can be realized Sunday with a victory at home against the Cleveland Browns.

The Ravens (10-3) hope to build momentum heading into the post-season. They're excited about the possibility of receiving a first-round bye, and coach Brian Billick covets the chance of having his team host the AFC title game.

"I would love nothing more than to have a championship game here in the city of Baltimore," Billick said Monday. "I would enjoy that, the fans would enjoy that, and so would the organization. And that's as real and as huge for the players."

The Ravens trail San Diego by



Running back Jamal Lewis has helped lead the Ravens to a 10-3 record this year.

one game in the race for best record in the AFC and home-field advantage throughout the playoffs. If the teams finish tied, Baltimore would win the tiebreaker by virtue of its 16-13 victory over the Chargers on Oct. 1. DAVID GINSBURG (AP)

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AT LEAST KANYE MADE IT: Evel Knievel has sued Kanye West, taking issue with the music video "Touch the Sky," in which the rapper takes on the persona of "Evel Kanyevel" and tries to jump a rocket-powered motorcycle over a canyon. (AP)

Entertainment

Reverend Revolution

The punk spawn of Jim and Tammy Faye hits reality television

PILGRIM'S PROGRESS | He was born into the glare of televangelist parents Jim and Tammy Faye Bakker. Then their "Praise the Lord" empire collapsed in scandal. His father went to jail for fraud.

Jay Bakker spent his teens in the darkness, rebelling and bent on self-destruction from alcohol and drugs.

But now, with his 31st birthday next week, this tattooed, multi-pierced pilgrim is on a righteous path: preaching God's grace to a flock of young, downtrodden and disillusioned parishioners most any other church would turn away.

Jay is the focus of "One Punk Under God: the Prodigal Son of Jim & Tammy Faye," a reality series about the back-to-basics church he calls Revolution, which, notwithstanding his decade-long sobriety, holds services in an Atlanta bar.

Keeping the faith while keeping Revolution going will prove to be a challenge for Jay.

"I think Revolution is kind of stuck between a rock and a hard place," he muses in the first episode (airing Wednesday on Sun-



THE PRODIGAL SON: Jay Bakker is a punk preacher and the child of disgraced televangelists Jim and Tammy Faye Bakker.

dance Channel). "With some groups we're too Christian, and with the Christians we're not Christian enough."

But Jay has other concerns as the six-episode series unfolds. His mom is gravely ill from cancer, and his dad, now remarried and with a new TV ministry, is estranged from him — a rift Jay will make great strides repairing. And after several years' devotion to his church, he will

be uprooted when wife Amanda, a young woman with fluorescent red hair and a beatific smile, is accepted by New York University for its doctoral program in psychiatry.

Baker has no wish, he says, to leverage his TV exposure into an ongoing video pulpit, as his parents had on such a grand scale with "The PTL Club," which at its peak reached some 13 million cable households.

At the end of "One Punk Under God," Jay's life remains full of challenges: his mom's worsening condition; the new city for him and Amanda to navigate; a new congregation to forge. Then he shares his foolproof plan: "You put one foot out in front of the other and you say, 'OK, this is what I believe, this is what I'm seeing in the Word.'" He smiles. "It's a struggle. But what have I got to lose?" **FRAZIER MOORE (AP)**

Swim With 'More Fish'

Wu-Tang's Ghostface drops his second killer CD of 2006

MUSIC | While many of his Wu-Tang Clan colleagues struggle to produce music free of a rap veteran's pessimism, Ghostface Killah manages to still sound invigorated.

Now, just nine months after dropping the furiously dazzling "Fishscale," Ghost is back with "More Fish." It's another dark joyride in which dice games turn vio-

lent and greedy women are wily predators. Ghost is that sage voice amid the grime. "With a flow so sick/ my high temperature will body the flu," he says on "Blue Armor," a track built on somber harpsichords and a screeching vocal sample, with a cameo by Sheek Louch.

However, the new disc features less of the twisted imagery that made "Fishscale" tingle with adventure. This time, Ghost shares more mic time with the deputies of his own crew, the Theodore Unit, and his teenage son, Sun God. But most of



FACE OF A KILLAH: Ghostface still sounds enthralled by the rap game.

the time you're anxious to hear the next Ghost verse, rather than one from his proteges. Whether weaving a tragic yarn on the MF Doom-produced "Alex (Stolen Script)" or just beating his chest as on the Madlib-produced "Block Rock," few can match his virtuosity.

But for the street noir he spins, Ghost's got a heart, too. Cheating girlfriends get him upset (see the "Back Like That" remix with rap cameo by Kanye West and "You Know I'm No Good" with British singer Amy Winehouse). And on the bluesy "Josephine," he decries the effect of drugs on pretty around the way girls, a surprising sentimental stroke amid the thrilling hardcore raps.

BRETT JOHNSON (AP)

Today's Top Stops

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NEAL GABLER

Uncovering Walt Disney

Gabler, the first writer given unlimited access to the Disney archives, describes a lonely man behind a media empire in the sprawling biography "Walt Disney." He'll discuss the book tonight.

→ *Politics & Prose, 5015 Connecticut Ave. NW; 7 p.m., free; 202-364-1919. (Van Ness)*

To read our interview with Gabler, please visit readexpress.com

BENJAMIN FRANKLIN

A Political Scientist

To mark the tercentenary of Franklin's birth in January of 1706, the Smithsonian Castle offers a lecture ("Science for a New Country: Benjamin Franklin's Political Arithmetic") by Harvard professor of early American history Joyce E. Chaplin, one of Franklin's many biographers.

→ *Smithsonian Castle Commons, 1000 Jefferson Drive SW; 5 p.m., free; 202-633-1000. (Smithsonian)*

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→ *Blues Alley, 1073 Wisconsin Ave. NW; 8 & 10 p.m., \$20; 202-337-4141. (Rosslyn)*

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APOCALYPTO (R) - ID REQ'D DIG (1250 120 400 430) 710 740 1020
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STRANGER THAN FICTION (PG-13) DIG (1245 340) 630 915
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DEJA VU (PG-13) DIG (130 300 440) 645 750 950
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THE QUEEN (PG-13) DIG (140 410) 720 1000
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THE HOLIDAY (PG-13) DIG (1245 400) 715 1030
APOCALYPTO (R) - ID REQ'D DIG (1130 115 345 430) 700 745 1015
UNACCOMPANIED MINORS (PG) DIG (100 415) 715 950
BLOOD DIAMOND (R) - ID REQ'D DIG (100 415) 730 1045
THE NATIVITY STORY (PG) DIG (740 1020)
VAN WILDER: RISE OF TAJ (R) - ID REQ'D DIG (1215 245 515) 800 1040
TURISTAS (R) - ID REQ'D DIG (1240 410) 720 1025
DECK THE HALLS (PG) DIG (1230 400) 650 945
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THE HOLIDAY (PG-13) DIG (100 415) 730
APOCALYPTO (R) - ID REQ'D DIG (1245 415) 745
BLOOD DIAMOND (R) - ID REQ'D DIG (1230 115 400 430) 730 815
VAN WILDER: RISE OF TAJ (R) - ID REQ'D DIG (945)
TURISTAS (R) - ID REQ'D DIG (215 500) 815 1030
HAPPY FEET (PG) DIG (145 445) 810
DEJA VU (PG-13) DIG (400) 1000
DECK THE HALLS (PG) DIG (130 345) 645 915
CASINO ROYALE (PG-13) DIG (1230 330 405) 745 900
HAPPY FEET (PG) DIG (115 345) 715 1000
STRANGER THAN FICTION (PG-13) DIG (1245) 630
BORAT (R) - ID REQ'D DIG (105 315) 645 930
SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) DIG (145 445) 700
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Adv. Tix on Sale WE ARE MARSHALL (PG) ★
Adv. Tix on Sale NIGHT AT THE MUSEUM (PG) ★
Adv. Tix on Sale PURSUIT OF HAPPYNESS (PG-13) ★
Adv. Tix on Sale ERAGON (PG) ★
Adv. Tix on Sale CHARLOTTE'S WEB (G) ★
BLOOD DIAMOND (R) - ID REQ'D DIG (1215 340) 720 1025
UNACCOMPANIED MINORS (PG) DIG (1145 205 440) 735 945
THE HOLIDAY (PG-13) DIG (1220 1245 330 400) 705 730 1005 1030
APOCALYPTO (R) - ID REQ'D DIG (1210 325) 715 1020
VAN WILDER: RISE OF TAJ (R) - ID REQ'D DIG (750 1010)
TURISTAS (R) - ID REQ'D DIG (100 355) 745 1000
THE NATIVITY STORY (PG) DIG (1140 215 450) 725 950
DEJA VU (PG-13) DIG (1240 345) 650 955
DECK THE HALLS (PG) DIG (1255 350) 655 915
CASINO ROYALE (PG-13) DIG (1155 315) 640 945
HAPPY FEET (PG) DIG (1130 1230 210 320 445) 710 940
STRANGER THAN FICTION (PG-13) DIG (920)
BORAT (R) - ID REQ'D DIG (1135 200 430) 800 1015
SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) DIG (1205 225 435) 700

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Eisenhower Ave and Telegraph Road in Alexandria
703-998-4AMC

APOCALYPTO (R) / 1:00, 1:45, 4:15, 5:15, 7:30, 8:30, 10:35
BLOOD DIAMOND (R) / 1:30, 3:25, 4:40, 7:00, 8:00, 10:30
THE HOLIDAY (PG13) / 1:00, 3:00, 4:05, 6:30, 7:15, 9:35, 10:25
UNACCOMPANIED MINORS (PG) / 1:25, 4:00, 6:35, 9:05
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 2:05, 4:35, 7:10, 9:45
TURISTAS (R) 1:20, 4:20, 6:40, 9:20
DECK THE HALLS (PG) 2:25, 5:00
DEJA VU (PG13) 1:55, 2:55, 4:50, 5:50, 7:45, 8:45, 10:35
THE FOUNTAIN (PG13) 6:20, 9:00
CASINO ROYALE (PG13) 1:50, 3:20, 4:55, 6:45, 8:15, 9:55
CASINO ROYALE (PG13) 1:50, 3:20, 4:55, 6:45, 8:15, 9:55
HAPPY FEET (PG) 1:35, 2:35, 4:30, 5:35, 7:05, 8:10, 9:40
STRANGER THAN FICTION (PG13) 6:10, 9:10
BORAT (R) 1:05, 3:15, 5:25, 7:50, 10:10
FLUSHED AWAY (PG) 1:40, 4:10
THE SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) 1:10, 3:40
THE DEPARTED (R) 2:10, 5:30, 8:40

AMC SELECT
THE NATIVITY STORY (PG) 1:10, 3:35, 6:15, 8:55
BOBBY (R) 7:20, 10:05
THE QUEEN (PG13) 1:15, 3:55, 6:25, 9:15

AMC SPRINGFIELD MALL 10
Loisland and Franconia Road
703-971-3991

APOCALYPTO (R) 1:40, 4:40, 8:10
BLOOD DIAMOND (R) 1:30, 4:30, 7:50
THE HOLIDAY (PG13) 1:50, 4:50, 8:20
UNACCOMPANIED MINORS (PG) 2:00, 5:00, 8:45
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 8:50
TURISTAS (R) 6:40
DECK THE HALLS (PG) 5:10, 7:30
DEJA VU (PG13) 5:00, 8:15
CASINO ROYALE (PG13) 4:40, 7:45
HAPPY FEET (PG) 4:50, 8:30
THE SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) 4:30
AMC SELECT
THE NATIVITY STORY (PG) 5:20, 8:00

AMC MAZZA GALLERIE

Jenifer and Wisconsin
202-537-9553

APOCALYPTO (R) / 1:50, 4:45, 7:40
BLOOD DIAMOND (R) / 1:30, 4:30, 7:30
THE HOLIDAY (PG13) / 2:00, 4:55, 7:50
DEJA VU (PG13) 2:15, 5:00, 7:55
CASINO ROYALE (PG13) 1:40, 4:40, 7:40
HAPPY FEET (PG) 3:00, 5:30, 8:00
BORAT (R) 2:20, 4:25

LOEWS GEORGETOWN 14

3111 K Street, N.W.
202-342-6441

APOCALYPTO (R) / 1:10, 4:05, 7:15, 10:30
BLOOD DIAMOND (R) / 1:00, 4:15, 7:30, 10:45
THE HOLIDAY (PG13) / 1:25, 3:35, 4:35, 6:45, 7:45, 10:00
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 2:20
TURISTAS (R) 1:15, 10:15
DEJA VU (PG13) 1:40, 4:30, 7:25, 10:20
THE FOUNTAIN (PG13) 1:35, 7:10
CASINO ROYALE (PG13) 1:30, 3:45, 4:45, 7:00, 8:00
CASINO ROYALE (PG13) 1:30, 3:45, 4:45, 7:00, 8:00
HAPPY FEET (PG) 2:40, 5:15, 7:50, 10:35
STRANGER THAN FICTION (PG13) 1:20, 4:10, 10:25
BORAT (R) 1:05, 3:10, 5:25, 7:40, 10:05

AMC SELECT
THE NATIVITY STORY (PG) 3:00, 5:30, 8:05, 10:40
BOBBY (R) 4:40, 7:35, 10:25
BABEL (R) 4:00, 9:40
THE QUEEN (PG13) 3:05, 5:35, 8:10, 10:45

LOEWS LEXINGTON PARK 6

21882 FDR Boulevard
301-862-5000

APOCALYPTO (R) 4:45, 7:40
UNACCOMPANIED MINORS (PG) 5:45, 8:15
DEJA VU (PG13) 5:15, 7:50
CASINO ROYALE (PG13) 4:30, 7:30
HAPPY FEET (PG) 5:30, 8:00

AMC SELECT
THE NATIVITY STORY (PG) 5:00, 7:10

AMC POTOMAC MILLS 18
2700 Potomac Mills Circle, Ste 886
703-998-4262

APOCALYPTO (R) / 1:15, 3:20, 4:15, 6:25, 7:15, 9:25, 10:20
BLOOD DIAMOND (R) / 1:00, 3:10, 4:05, 6:20, 7:10, 9:35, 10:15
THE HOLIDAY (PG13) / 1:30, 3:30, 4:30, 6:30, 7:25, 9:30, 10:20
UNACCOMPANIED MINORS (PG) / 2:15, 4:45, 7:05, 9:20
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 7:20, 10:00
TURISTAS (R) 1:55, 4:20, 7:00, 9:35
DECK THE HALLS (PG) 1:25, 5:00, 10:00
DEJA VU (PG13) 1:05, 3:55, 6:45, 7:55, 9:45
THE FOUNTAIN (PG13) 10:10 PM
CASINO ROYALE (PG13) 1:00, 4:10, 7:10, 10:15
HAPPY FEET (PG) 1:45, 2:40, 4:25, 5:10, 6:55, 7:40, 9:40
STRANGER THAN FICTION (PG13) 1:50, 4:40, 7:25, 10:05
BORAT (R) 1:20, 3:25, 5:40, 7:45, 9:55
FLUSHED AWAY (PG) 1:10, 3:15, 5:35
THE SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) 2:05, 4:35

AMC SELECT
THE NATIVITY STORY (PG) 1:35, 4:00, 6:40, 9:10

AMC COLUMBIA MALL 14
10300 Patuxent Parkway
410-423-0520

APOCALYPTO (R) 3:30, 6:30, 9:30
BLOOD DIAMOND (R) 3:15, 6:20, 9:25
THE HOLIDAY (PG13) 1:15, 4:10, 7:05, 10:00
UNACCOMPANIED MINORS (PG) 3:05, 5:15, 7:30, 9:45
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 4:00, 10:10
TURISTAS (R) 7:45, 9:55
DECK THE HALLS (PG) 2:30, 4:40, 6:50, 9:00
DECK THE HALLS (PG) 2:30, 4:40, 6:50, 9:00
DEJA VU (PG13) 1:25, 4:15, 7:00, 9:50
THE FOUNTAIN (PG13) 7:20, 9:35
CASINO ROYALE (PG13) 3:00, 6:10, 9:20
HAPPY FEET (PG) 1:40, 4:05, 6:40, 9:05
STRANGER THAN FICTION (PG13) 2:20, 5:00, 7:35, 10:05
BORAT (R) 2:45, 4:45, 6:45, 8:45
FLUSHED AWAY (PG) 1:30, 3:35, 5:40
THE SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) 2:40, 5:05

AMC SELECT
THE NATIVITY STORY (PG) 1:35, 3:55, 6:25, 8:40
BOBBY (R) 1:20

LOEWS FAIRFAX SQUARE 8

8065 Leesburg Pike
703-506-9857 802

THE FOUNTAIN (PG13) 5:00
TENACIOUS D IN THE PICK OF DESTINY (R) 7:40
FLUSHED AWAY (PG) 4:40, 7:30
THE SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) 5:10
FLAGS OF OUR FATHERS (R) 4:10, 7:15
THE PRESTIGE (PG13) 7:20
THE DEPARTED (R) 4:00, 7:00
THE DEPARTED (R) 4:00, 7:00

AMC SELECT
BOBBY (R) 7:30
BOBBY (R) 7:30
BABEL (R) 4:20, 7:10
MARIE ANTOINETTE (PG13) 4:50
MARIE ANTOINETTE (PG13) 4:50
THE QUEEN (PG13) 4:30, 6:50

MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo
301-324-4220

APOCALYPTO (R) 1:00, 4:00, 7:00, 10:00
BLOOD DIAMOND (R) 1:00, 4:05, 7:10, 10:20
THE HOLIDAY (PG13) 1:30, 4:30, 7:30, 10:25
UNACCOMPANIED MINORS (PG) 12:25, 2:45, 5:25, 7:45, 10:10
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 12:10, 3:00, 9:45
TURISTAS (R) 8:00, 10:15
DECK THE HALLS (PG) 12:20, 2:50
DEJA VU (PG13) 1:30, 4:15, 6:30, 7:15, 9:30, 10:15
CASINO ROYALE (PG13) 12:00, 3:20, 6:20, 9:25
HAPPY FEET (PG) 12:45, 3:15
FLUSHED AWAY (PG) 12:40, 3:00, 5:20
THE SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) 12:10, 2:30, 4:50, 7:10

AMC SELECT
THE NATIVITY STORY (PG) 12:35, 3:05, 5:35, 8:05, 10:25

LOEWS DUPONT 5

1350 19th St.
1-800-FANDANGO #711

AMC SELECT
THE HISTORY BOYS (R) 4:20, 4:50, 7:00, 7:40
FAST FOOD NATION (R) 4:30
BABEL (R) 4:00, 7:15
COPYING BEETHOVEN (PG13) 7:20
LITTLE MISS SUNSHINE (R) 5:10, 7:50

LOEWS UPTOWN 1

3426 Connecticut Avenue N.W.
1-800-FANDANGO #713

AMC SELECT
BOBBY (R) 2:00, 5:00, 8:00

AMC TYSONS CORNER 16
7850 Tysons Corner Center
703-998-4262

APOCALYPTO (R) / 12:40, 2:15, 3:45, 5:15, 7:00, 8:30, 10:05
BLOOD DIAMOND (R) / 1:10, 4:20, 7:35, 10:40
THE HOLIDAY (PG13) / 12:50, 2:30, 4:00, 5:30, 7:05, 8:45, 10:20
UNACCOMPANIED MINORS (PG) / 1:15, 3:25, 5:40, 7:55, 10:10
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 5:55, 8:25, 10:45
TURISTAS (R) 12:40, 2:55, 5:05, 10:00
DECK THE HALLS (PG) 12:45, 3:05, 5:20, 7:40, 9:55
DEJA VU (PG13) 1:30, 4:30, 7:25, 10:15
CASINO ROYALE (PG13) 12:55, 2:25, 4:10, 5:35, 7:20, 8:50, 10:30
HAPPY FEET (PG) 1:00, 2:10, 3:30, 4:40, 7:10, 9:45
HAPPY FEET (PG) 1:00, 2:10, 3:30, 4:40, 7:10, 9:45
STRANGER THAN FICTION (PG13) 1:35, 4:15, 7:15, 10:00
BORAT (R) 1:05, 3:10, 5:25, 7:30, 9:40

AMC SELECT
THE NATIVITY STORY (PG) 1:00, 3:20, 5:45, 8:10, 10:35

AMC RIVERTOWNE 12

Exit 4A I-95, 1/2 mi. on Oxon Hill Rd.
703-998-4AMC

APOCALYPTO (R) / 4:25, 7:30
BLOOD DIAMOND (R) / 4:15, 7:20
UNACCOMPANIED MINORS (PG) / 4:30, 7:00
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 7:25
TURISTAS (R) 5:30, 7:45
DECK THE HALLS (PG) 5:00, 7:40
DEJA VU (PG13) 4:35, 7:35
CASINO ROYALE (PG13) 4:20, 7:20
HAPPY FEET (PG) 4:45, 7:15
FLUSHED AWAY (PG) 4:50
THE SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) 4:40, 7:05
SAW III (R) 5:00, 7:20

AMC SELECT
THE NATIVITY STORY (PG) 5:10, 7:30

AMC COURTHOUSE PLAZA 8

Courthouse and Birch Rd.
703-998-4AMC

NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 7:20
TURISTAS (R) 4:50, 9:40
DEJA VU (PG13) 4:00, 7:00, 9:55
THE FOUNTAIN (PG13) 5:00, 7:25, 9:50
STRANGER THAN FICTION (PG13) 4:30, 7:10, 9:45

AMC SELECT
THE NATIVITY STORY (PG) 4:45, 7:15, 9:30
BOBBY (R) 4:15, 7:05, 9:50
FOR YOUR CONSIDERATION (PG13) 5:30, 7:35, 9:35
MARIE ANTOINETTE (PG13) 4:05, 6:55, 9:40

LOEWS SHIRLINGTON 7

2772 South Randolph
703-671-0910 801

THE FOUNTAIN (PG13) 4:10, 7:10, 9:30
THE LAST KING OF SCOTLAND (R) 4:20, 7:00, 9:40
BABEL (R) 5:00, 8:00
COPYING BEETHOVEN (PG13) 4:40, 7:40, 9:50
SHUT UP & SING (R) 4:30, 7:30, 9:50
THE QUEEN (PG13) 3:50, 7:00, 9:10
LITTLE MISS SUNSHINE (R) 4:50, 7:20, 9:20

AMC COUNTRY CLUB MALL 6

Country Club Mall on Vocke Rd near Route 68.
301-729-6633

APOCALYPTO (R) / 5:10, 8:00
UNACCOMPANIED MINORS (PG) / 5:40, 7:45
NATIONAL LAMPOON'S VAN WILDER: THE RISE OF TAJ (R) 8:15
TURISTAS (R) 5:20
DECK THE HALLS (PG) 5:20, 7:45
DECK THE HALLS (PG) 5:20, 7:45
CASINO ROYALE (PG13) 5:00, 8:00
THE SANTA CLAUSE 3: THE ESCAPE CLAUSE (G) 5:30, 8:15

LOEWS WHITE FLINT 5

North Bethesda
1-800-FANDANGO #741

APOCALYPTO (R) 2:00, 4:40, 7:25
BLOOD DIAMOND (R) 3:00, 7:00
THE HOLIDAY (PG13) 2:05, 4:45, 7:25
CASINO ROYALE (PG13) 3:10, 7:15
HAPPY FEET (PG) 2:00, 4:30, 7:15

Times for Wednesday, December 13, 2006

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- Be willing to follow other study procedures

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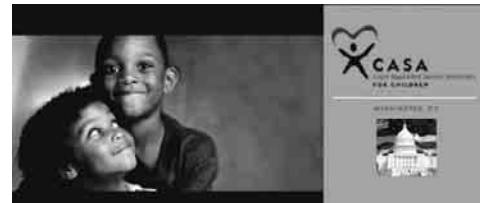
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sparikh@casadc.

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Shane Salter, Chief Executive Officer

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XX264 3x3

A black and white photograph of George Clooney standing next to a movie poster. He is wearing a dark suit and a dark shirt, looking directly at the camera with a slight smile. The poster to his left is for the movie 'The Contender', featuring Faye Dunaway and George Clooney. The text on the poster includes 'Casting by BLANCHETT · MAGUIRE', 'The Contender', 'Faye Dunaway · George Clooney', and 'A Thriller'.

VINCE BUCCI/GETTY IMAGES

12.13.06		6:00 PM		6:30		7:00		7:30		8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30		
LOCAL CHANNELS	WRC	4	News			Nightly News		Access Hollywood		The Biggest Loser	The final four contestants weigh in one last time.							Medium "Profiles in Terror" (N)		News		Tonight Show				
	WTTG	5	Seinfeld		The Simpsons		The Simpsons		Seinfeld		Bones "Judas on a Pole" (N)		Bones "The Man in the Morgue"		News		News		Geraldo at Large							
	WJLA	7	News		ABC Wld News		Wheel of Fortune		Jeopardy! (N)		Show Me the Money (N)		Day Break "What if They Find Him"		Primetime "Basic Instincts" (N)		News		(35) Nightline							
	WUSA	9	News		Evening News		News		Entertainment		King of Queens		King of Queens		CSI: NY "Silent Night" (N)		News		Late Show							
	WDCA	20	Scrubs		Scrubs		Judge Joe Brown		Judge Judy (N)		Wicked Wicked Games (N)		Watch Over Me		The Tyra Banks Show		Still Standing		Still Standing							
	WMPT	22	The NewsHour With Jim Lehrer (N)		Business Rpt.		Artworks-Week		Cricket on the Hearth		The Mystery of Love (N)						Ties That Bind									
BASIC CABLE	WETA	26	BBC World News		Business Rpt.		The NewsHour With Jim Lehrer (N)		American Masters		The Mystery of Love (N)						Charlie Rose (N)		Charlie Rose (N)							
	WHUT	32	Business Schl		Tavis Smiley		BBC World News		Moneywise		Earth, Wind, & Fire: Shining Star		Visions of NYC		BBC World News		Tavis Smiley		Charlie Rose (N)							
	WDCW	50	My Wife and Kids		My Wife and Kids		Friends		Friends		America's Next Top Model	Contestants in the U.K. series vie.							Will & Grace		Will & Grace		Sex and the City		Sex and the City	
	A&E		Crossing Jordan		CSI: Miami		CSI: Miami		Bounty Hunter		Bounty Hunter		Criss Angel		Criss Angel		Criss Angel		Criss Angel							
	Animal		The Crocodile Hunter		The Most Extreme		The Blue Planet		Growing Up...		Animal Cops Houston		The Blue Planet													
	BET		106 & Park: BET's Top 10 Live		Young Jeezy		Studio 2 Stage		On: Lil Wayne		American Gangster		Comicview		Jamie Foxx		Jamie Foxx									
BASIC CABLE	Bravo		Top Chef Weight-loss camp		Top Chef		The field is narrowed down.		Top Chef		Thanksgiving dinner.		Top Chef		Another chef is eliminated.		Top Chef		Another chef is eliminated.							
	Comedy		(5:00) *** "48 HRS." (1982)		Scrubs		Scrubs		Daily Show		Colbert Report		Mind of Mencia		South Park		South Park		Mind of Mencia		Daily Show		Colbert Report			
	Court		Forensic Files		Forensic Files		Cops		Cops		Most Shocking		High Speed Pursuits		Forensic Files (N)		Forensic Files		Psychic Detect		Psychic Detect		LA Forensics		North Mission	
	Discovery		It Takes a Thief		Police officer's home.		MythBusters		MythBusters		Extreme Engineering		MythBusters (N)		Stunt Junkies		Stunt Junkies		MythBusters							
	DISCH		Code Blue "Rite of Passage"		Impact: Stories of Survival		Plastic Surgery: Before and After		Plastic Surgery: Before and After		Extreme Surgery		Plastic Surgery: Before and After		Extreme Surgery		Plastic Surgery: Before and After									
	Disney		Hannah Montana		Zack & Cody		Phil of the Future		That's So Raven		"Molly: An American Girl on the Home Front" (2006) Maya Ritter.		Life With Derek		Phil of the Future		Zack & Cody		That's So Raven							
	E!		Dr. 90210		Repairing a breast implant.		E! News (N)		The Daily 10 (N)		*** "The Wedding Singer" (1998) Adam Sandler, Drew Barrymore.		Blunders, Break-Ups		E! News		The Daily 10									
	FX		King of the Hill		King of the Hill		That '70s Show		That '70s Show		** "King Arthur" (2004) Clive Owen. Arthur and his knights embark on a rescue mission.		** "King Arthur" (2004) Clive Owen, Keira Knightley.													
	HGTV		If Walls Could		Rezoned		What You Get		House Hunters		Designed to Sell		Hidden Potential		Design on a Dime		Design on a Dime		House Hunters		House Worth?		Junk Brothers		Hammered	
	Family		Everwood		"Best Laid Plans"		Rudolph's Shiny New Year		"I Saw Mommy Kissing Santa Claus" (2001, Comedy) Connie Sellecca.		Jack Frost		The 700 Club													
	History		Where Did It Come																							

Travel



Travelers can make a pilgrimage to the Twelve Apostles, limestone formations off Australia's coast, as part of a stunning journey on the 171-mile Great Ocean Road.

The Great Ocean Walk

Wander Australia's untamed coast to see the Twelve Apostles

TREKS | Australians joke that Americans tend to spend their trips Down Under ticking off visits to the three R's—the reef, the rock and the road. To be more specific, that's the Great Barrier Reef, Ayers Rock and the 171-mile Great Ocean Road, which runs between Torquay and Warrnambool in the southeastern state of Victoria.

The road, which opened in 1932, was Australia's answer to the Pacific Coast Highway in California. The funny thing about it, however, is that for long stretches you can't really see the water at all. You have to use manpower to access the best views. Indigenous Australians and fishermen have been walking the coast forever, but last December, Parks Victoria made it official—carving out a tidy 57-mile trail, adding clear signs and giving it an appropriately grand name: the Great Ocean Walk.

I love hiking, but not camping—and the Great Ocean Walk was created with people like me in mind. There are several points where day-trippers can drive in and out. And the trail, which can take up to eight days to complete, passes by several bed-and-breakfasts catering to walkers.

A lot of people treat the Great Ocean Road as a route to the Twelve Apostles, limestone formations off the coast. The Apostles—there are actually 13, but not all are visible from the outlook—are the result of the erosion of the cliffs. The erosion continues: The “ninth Apostle” crumbled last year. On our last morning, following a short loop hike, we drove 30 minutes past the end of the Great Ocean Walk to see the formations.

The Apostles are stunning, like statuesque jigsaw puzzle pieces that have drifted away from the puzzle. And they're definitely worth a visit. The viewpoint parking lot is full, and for the first time on our Great Ocean Walk hike we became tourists.

NINA WILDORF (BUDGET TRAVEL MAGAZINE)

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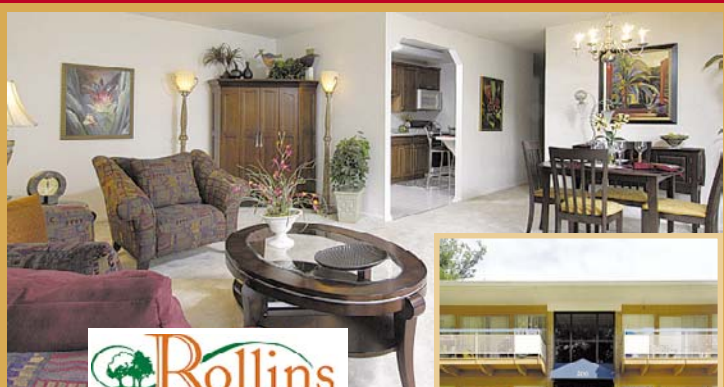
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TH 2 LVs, 3BR, 1FBA, (2)½BA. ½ blk Huntington Metro FX6255884.

1 LV 2BR, 2FBA Remodeled. 6 blks Huntington Metro FX6255879. Full upgrds, appls, carpet, paint. Web: abundantabodes.com or Call Ginger, Re/Max 703-304-5523

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ARL N-\$749,900 Prof renov. Gem in Park Hurst Westover. 3BR/3BA/3flrs. Great RM concept, main flr BR/BA, gas frpl, upr lv mstr bd/grnd ba. Lrg deck, LL fam rm w-o. Backs to park. EFC metro, less than 1 mile. For addtl pics/info: www.HomesByGarnet.com

Call Garnet 703-534-0997, Keller Williams Realty

BEHIND ON Your Mortgage? Credit Problems?—Is being a home owner becoming difficult to achieve or handle? Call Homes for You LLC to restructure your credit & achieve ownership 571-239-2496

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BETHESDA **\$740,000**
3BR 2½BA. Den, LR/DR, Fam rm. Walk to NIH. 301-674-1234

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Bethesda **Price Reduction** **\$529,000**
Large brick town home with loft, HW Floors, FPL in den, Sep. DR, Patio, Walk to Metro. Pets Allowed! Great Value! Vacant! 5169 King Charles Way 20814
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301-299-6000
W.C. & A.N.
MILLER
wcanmiller.com

BOWIE—3BR 2BA, new lux TH end unit, 2-gar, \$455K. 240-997-5627

Bushwood **\$265,000**

Longview Beach
\$265,000, 23113 Hilltop Dr, Single Family Home, 3 br, 2 ba, 2 Fls, 2 Car gar, new appliances, walkout basement, deck, new carpet. Open Sunday Dec 3810, 2006, 1-4. Call Evelyn Queen, 202-361-3244

Evelyn Queen
Keller Williams Capital Properties, 202-243-7700

CLINTON **\$329,999**—3BR, 3 FB, 3 level end of group beauty **backs to woods.** Deck, vaulted ceilings, walkout lower. EHO. Chess-Mark Realty Group, 301 362-1526 or 410 499-2310

CLINTON - \$350,000—4BR TOWNHOUSE
GORGEOUS! 3 fin livs, 2.5 BA, fpl, new wood flrs, updated kit., much more! Near Post office on Woodyard Rd. L Burton, ReMax One, 301-335-7687

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Ft. Washington & Temple Hills
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Ft. Washington Realty 301-292-7100

GILMER CO. WVA—50 acs of woodland, privacy, caves, giant trees, auction Dec 16, Noon Realty Done Right LLC, Joe Hise Auctioneer WVA 1717 304-455

LOOK out

*TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

Environment

Carbon offsets make people feel less awful about driving cars

Jill Cody used to feel guilty whenever she drove her car or flew on an airplane. She worried about pumping heat-trapping carbon dioxide into the atmosphere and contributing to global warming.

But the San Jose, Calif., professor found a way to ease her conscience. She paid a San Francisco company called TerraPass to offset emissions from her car and air travel by investing in wind power and reducing farm pollution.

"I'm part of the solution, not the problem," said Cody, who sports a TerraPass decal on the decade-old Lexus she drives about 6,000 miles a year.

As anxiety over global climate change rises, a growing number of companies and nonprofit groups are offering eco-conscious consumers a chance to compensate the planet for the carbon emissions they generate when they drive, fly, use electricity or heat their homes.

So-called "carbon offsets" are becoming increasingly popular,

but critics say they are just a way to assuage consumer guilt and do little to combat climate change. At worst, they can prevent people from making carbon-cutting lifestyle changes.

Firms that sell such offsets help consumers calculate how much carbon their activities generate, then pledge to counterbalance the environmental impact.

For example, the Conservation Fund, a nonprofit that restores wilderness on unproductive farmland, lets consumers offset their emissions

by paying to plant trees. The group has a partnership with online travel company Travelocity that gives travelers the option of making a donation to the fund when they buy plane tickets.

It costs about \$4 to offset a ton of carbon, and about \$80 to offset the 20 tons of carbon the average American generates in one year, said the fund's Chris Fanning. Each tree absorbs more than a ton of carbon over a 100-year life cycle. "It allows people to take personal responsibility

INSIDE

Gifts for the GQ guy in your life | 31



Blog Log: Rummy's farewell tour | 32

Booze-free: Lohan tries out sobriety | 34



EARTH SHAKER: San Jose State University professor Jill Cody uses TerraPass.

carbon, and the company keeps a portion as profit. It charges customers of Expedia.com \$5.99 to neutralize the carbon generated from one seat on a 2,200-mile flight, \$16.99 for a cross-country flight and a \$29.99 for an international flight. The offsets are verified by the Center for Resource Solutions, a nonprofit that works to increase the demand for renewable energy, said Tom Arnold, TerraPass's chief environmental officer.

Arnold claims his company has counteracted the effects of 165 million pounds of carbon since it was founded by University of Pennsylvania Professor Karl Ulrich and his students two years ago.

Yet some observers note that

Guilt-Free Polluting

“It allows people to take personal responsibility and action in their own lives.”

CHRIS FANNING, CONSERVATION FUND

TerraPass has a complex formula for calculating how much it costs to offset a certain amount of

increasing renewable energy doesn't necessarily reduce the use of conventional electricity sources that emit carbon. And while trees absorb carbon from the atmosphere, the process is spread out over the decades of a tree's lifetime.

"It's not a license to pollute," said Craig Noble, spokesman for the Natural Resources Defense Council. "The idea is not to buy a Hummer and then at the end of the year buy offsets for your driving."

TERENCE CHEA (AP)



When you buy CDs through Adams Bank, you can get FDIC insurance for up to \$30 million* - so your money will be in safe hands.

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Contemporary Kosher

Food

Makers of kosher foods reach out to non-Jewish buyers

Four months before the holiday, the Passover season has already begun at Manischewitz, the 118-year-old brand known around the world for matzo, gefilte fish, chicken soup and sweet wine.

But as its Newark, N.J., matzo factory annually churns out 75.6 million sheets of unleavened bread in 14 flavors for its core Jewish customers, company leaders are creating a new strategy: turning a staid brand into more of a contemporary, perhaps even trendy, one.

The country's largest manufacturer of processed kosher foods is trying to grow by offering kosher options in line with gourmet trends — flavored olive oil, wasabi horseradish sauce and whole-grain noodles — as well as appealing to non-Jewish consum-

“Kosher is perceived as being cleaner, better, purer.”

JEREMY FINGERMAN
R.A.B. FOOD GROUP

ers who buy kosher food because they believe it is cleaner or like the dairy-free options.

“It’s not your bubbe’s matzo and gefilte fish anymore,” said Jeremy Fingerman, president and chief executive officer of the privately held R.A.B. Food Group of Secaucus, N.J., which acquired the Manischewitz brand in 1998.

Non-Jews represent one of the fastest-growing sectors in the kosher market. They are looking for healthier food options, similar to growth in the organic or natural foods market.

Kosher describes food that is permissible to eat under Jewish dietary laws. For example, milk and meat cannot be mixed, and utensils that touch meat cannot be



Workers at the Manischewitz food processing plant in Newark package gefilte fish.

used with dairy. All of Manischewitz’s factories are overseen by rabbis, who regularly inspect food, ingredients and machinery to ensure they meet all kosher specifications. “Kosher is perceived as

being cleaner, better, purer,” Fingerman said. However, he does not promise healthier.

In addition to new products at Manischewitz, R.A.B. Food Group’s growth comes from acquir-

ing smaller kosher labels and the consolidation of operations at a renovated, more modern plant in Newark. This May, it acquired the 136-year-old Rokeach brand, whose holdings include Mother’s, Mrs. Adler’s and Mishpacha, adding to R.A.B.’s other kosher lines of Goodman’s and Horowitz Margaretan.

It is also working to gain a foothold in the “specialty food market” by buying or creating more ethnic and gourmet brands, such as Guiltless Gourmet, Asian Harvest and Season, a line of canned fish. Company chairman Richard A. Bernstein said R.A.B. is working on a deal to acquire the U.S. rights to import and distribute an upscale tea brand in North America.

Manischewitz, the premium brand of the kosher conglomerate, will continue to offer more products with appeal to the broader market. The wasabi horseradish sauce, on the shelves for only two years, is already outselling its traditional horseradish sauce, a Passover staple.

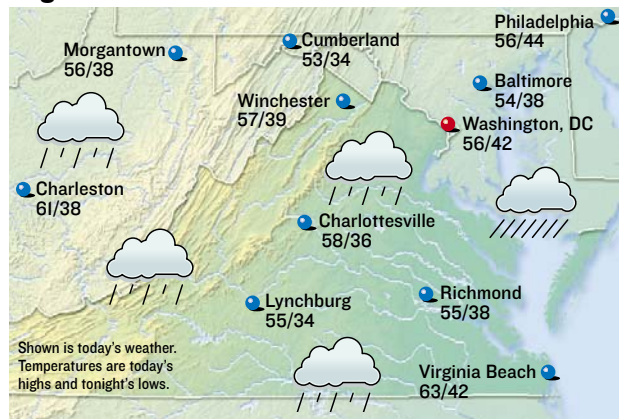
“Americans are much more adventurous in what they’re willing to try and eat,” Bernstein said. “We’re trying to be more contemporary both for the core consumer but also be attractive to the non-Jewish consumer.”

JANET FRANKSTON LORIN (AP)

5 Day Forecast for the Washington Area

Today	Tonight	Thursday	Friday	Saturday	Sunday
56°	42°	61° / 42°	61° / 41°	57° / 41°	57° / 42°

Regional Weather



Forecasts and graphics provided by AccuWeather, Inc. ©2006

Almanac

Washington, D.C., through 4 p.m. Tues.

Temperature

High	56°
Low	34°
Normal high	48°
Normal low	33°
Average humidity	63%

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	0.06"
Normal month to date	1.17"
Year to date	46.27"
Last year to date	42.00"
Normal year to date	37.47"

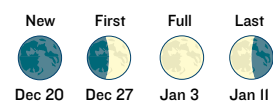
For up-to-the-minute weather, see:
washingtonpost.com/weather

Regional Forecast

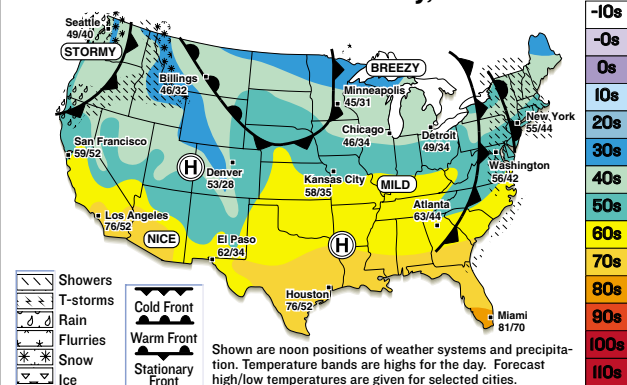
D.C. Metro: Today, cloudy, rain and drizzle through early afternoon. High 56. Wind southwest 6-12 mph. Tonight, mainly clear. Low 42.

Sun and Moon

Sunrise today	7:18 a.m.
Sunset tonight	4:47 p.m.
Moonrise today	12:31 a.m.
Moonset today	12:42 p.m.



National Weather for Wednesday, December 13



National Cities

City	Today	Thur.
Atlanta	63/44/w	69/47/s
Boston	50/44/r	54/41/pc
Chicago	46/34/pc	50/37/pc
Dallas	73/45/s	72/47/s
Denver	53/28/pc	61/32/pc
Honolulu	83/71/s	83/72/sh
Los Angeles	76/52/s	76/52/s
Miami	81/70/pc	81/69/pc
New York City	55/44/r	54/46/pc
Orlando	79/60/pc	78/61/c
Seattle	49/40/sh	45/41/r

World Cities

City	Today	Thur.
Amsterdam	52/46/c	54/43/pc
Athens	59/45/pc	61/45/s
Berlin	46/39/pc	50/43/c
Buenos Aires	90/70/t	86/66/pc
Calgary	46/25/pc	37/21/pc
Dublin	54/48/r	55/46/r
Geneva	52/30/s	54/33/s
Moscow	37/34/sf	35/28/c
Rome	63/45/s	64/48/s
Sydney	71/65/pc	77/65/pc
Tokyo	54/43/r	50/44/c

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Styles

LOOKout



Get your guy a little personal attention ... from someone else. \$250 buys a half-hour of after-hours consultation and shopping with Carbon owner Kevin Powers, with \$200 used toward the purchase of anything in the store. The shopper is encouraged to bring wardrobe pieces to best pick the shoe that suits. Mention that you got the idea from Express, and the power of any gift certificate increases by 10 percent — so a \$100 gift certificate buys \$110 worth of stuff. (Custom construction by Guerrini for Carbon, \$239, Carbon, 2643 Connecticut Ave. NW; 202-232-6645)

HOLIDAY
HOT
LIST



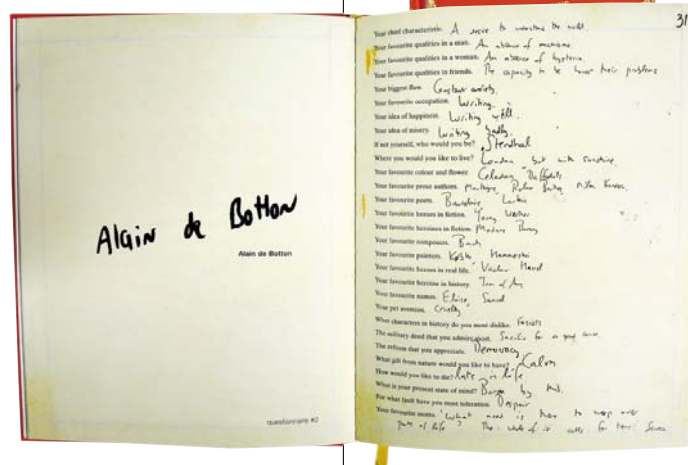
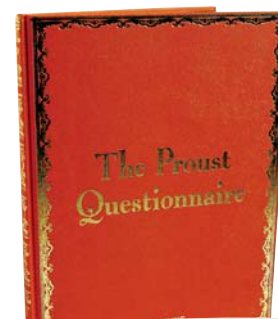
Boy to the World

Commercials would have us believe guys want nothing more for the holidays than beer, bacon and girls in bikinis. But what if the male on your list is a bit more refined? Whether you're buying for your tasteful sweetie, your fabulously stylish uncle or your dapper dad, we have gifts sure to please the most particular palate. KRISTEN PAGE-KIRBY (EXPRESS)

Satellite is great, but nothing tops "This American Life" on a road trip. Tune him in with the NPR Map. (\$8, Politics and Prose, 5015 Connecticut Ave. NW; 202-364-1919)



Tiny in size, big on style, this Cartier travel clock means no more relying on gauche digital timepieces while on the road. (\$525, Saks Fifth Avenue Men's Store, 5300 Wisconsin Ave. NW; 202-363-2059)



These pillows add glitz to any sofa; the Ultrasuede on the back will make sure it's manly glitz. (Ascot stripe, top, \$145; Eliza's Fancy, bottom, \$165, Random Harvest Studio, 3304 M St. NW; 202-464-7400)

"The Proust Questionnaire" combines psychology and party games. The front lists celebrity answers to the famed survey; the back holds blank forms. (\$35, Terra, 1706 Connecticut Ave. NW; 202-232-8581)



Kids



Cuddles and Suds

Looking for a way to combine gift-giving and getting your kid into the bath? Because, seriously, kid, you're not going to get sucked down the drain, no matter what your sister might tell you. And, no, Jaws doesn't live in the tub. He lives in the toilet. Anyway, the new **CIRCLE OF FRIENDS** gift sets (\$10, circle-of-friends.com) includes a 2oz. containers of shampoo and bubble bath, and a mini plush backpack. Both a frog, above, and a pig are available. The products have no sodium lauryl sulfate and have multicultural characters on the bottle, complete with a story about each one. Hans, the shampoo character, is from Germany, while Maria, on the pig bubble bath, is from Mexico. K.P.K.

Shopping



Shop and Stay in Style

Shopping is tiring. Which is why the **FOUR SEASONS** has come up with the Shop Georgetown Package. The two-night weekend shopping deal gets you a "Just For You" shopping card that offers 20 percent off 15 participating Georgetown merchants, including Anthropologie, Random Harvest and United Colors of Benetton, as well as a \$50 credit to use toward dining in the hotel's bar or any of its restaurants. Or you can use the cash toward a treatment in the spa. The package starts at \$475 for a deluxe king room; all rooms are available for the deal except the Presidential suites. Reservations are required and availability limited; call 202-944-2055. K.P.K.

 from readexpress.com

Metro Riders Are Fuming

COMMUTING | Washington-area commuters are none too happy with news they might be facing a potential Metrorail fare hike and service cuts in the next fiscal year. Tuesday's Poll Center question — Are you getting their money's worth from Metro? — sparked a vibrant comment thread, with the vast majority, more than three-quarters, voicing their opposition to Metro's potential responses to a budget deficit.

Many said the change would make commuting too expensive. Said one rider: "I think raising the fare would be ridiculous. It cost me \$11.10 a day just to come to work and make it home. I even get transportation allowance (\$100)

from my job, but that only pays for two weeks' worth. The service you get at Metro is definitely not worth the money spent."

Commenter Maria echoed those sentiments. "I'm from New York, and I think the price for the Metro in D.C. is crazy. For \$2 in New York, you can get anywhere at any time of day, not these stupid off- and on-peak hours," she said. "The system there is 24 hours, not stopping at some early bird time like we're teenagers. It's crazy to pay more than \$3 during rush hour to get from Virginia to D.C."

Said commenter Darry Deaton: "Metrorail service is expensive and poor. I am a disabled veteran and senior citizen. I use Metrorail, but the ride is seldom enjoyable."



Q&A: Express will talk with Kiran Desai, author of "The Inheritance of Loss."

Commenter SM was one of the few to stick up for Metro, saying: "I don't know what all the fuss is about — paying somewhere around \$1.50 each way during rush hour seems like a pretty good deal. The New York City subway costs \$2 no matter how far you go, and the trains are much older. We have a great system that is clean and convenient and cheap. Consider-

ing the fact that gas prices skyrocketed in the past year, it's perfectly justifiable that Metro rates go up a little." **MICHAEL GRASS (EXPRESS)**

→ Coming Up Today

Express talks with Kiran Desai, the award-winning author of Express Book Club selection "The Inheritance of Loss."

? Poll Center

TODAY'S QUESTION

Is the United States losing the war in Iraq?

1. Yes
2. No

YESTERDAY'S RESULTS

Are you getting your money's worth from Metro?

NO **YES**

76% 24%

As of 5:45 p.m. Tuesday. Not a scientific poll.

GIVE YOUR OPINION ON TODAY'S POLL QUESTION AND GET A STATION-BY-STATION BREAKDOWN OF HOW YOUR FELLOW METRORAIL COMMUTERS VOTED AT READEXPRESS.COM/POLLCENTER.PHP



"So, they can't get a driver's license, but giving them a firearm is A-OK. Brilliant."

KSTREETBLUES.BLOGSPOT.COM IS DUMBFOUNDED BY NEWS OF PENDING LEGISLATION IN TEXAS THAT WOULD ALLOW BLIND PEOPLE TO HUNT WITH THE HELP OF A LASER.

Feeble Franchise?

"When I walked in today, there was one person eating inside the restaurant. Granted, it was, like, 2 p.m. — not exactly lunch hour or dinnertime. But I walked in and was waited on immediately — and was taken by a sudden feeling of sadness."

HOT3B.BLOGSPOT.COM NOTES AN APPARENT DECLINE IN SUBWAY'S POPULARITY.

Study Group Bypass

"Their recommendations are aimed at helping the U.S. succeed in the way and to help the Iraqis secure their freedom, rather than some notion of retreat with honor."

CAPTAINSSQUARTERSBLOG.COM LIKES THE IDEA OF MILITARY EXPERTS GUIDING THE FUTURE OF U.S. OPERATIONS IN IRAQ.



That's Some Purse

"I don't know who's in charge of marketing over at Louis Vuitton, but that person is a genius. I mean, would I be writing about some stupid purses that I really don't care about if it wasn't for the fact that Scarlett Johansson just so happens to be wearing nothing but lingerie? I think not."

EGOTASTIC.COM ON THE STARLET'S NEW PROVOCATIVE ADVERTISEMENT.



The Man Who Won't Go Away

"When was the last time someone you know got fired from a corporation and got to make a farewell tour of the production facilities at stockholder expense? ... And it's not as if we're paying for [it] with taxpayer money. We're paying for it not with money raised through taxes, but money we don't even have."

1115.ORG ON DONALD RUMSFELD'S PENTAGON FAREWELL TOUR.

Live Online

Freedom Rock

Post music critic **J. FREEDOM DU LAC** was online Tuesday at washingtonpost.com and talked about the Grammys, some top albums of the year and some new ones to check out.

Any recommendations for someone who digs the new MMJ (My



Morning Jacket), last year's **Nada Surf** and the new **Beck**?

Take a peek at Joseph Arthur's "Nuclear Daydream." It just might work for you. Certainly works for me, as it's top 10 for 2006.

Has rock music gotten that bad, or are the Grammys just clueless? Tom Petty, Neil Young, RHCP and John Mayer? What? Please tell me that rock is not dead!

The Recording Academy isn't the greatest barometer.

So, when can we expect your top-10 albums of 2006? I know there's still three weeks left in the year,

but I think it's safe to say that nothing great is going to be coming out before the end of the year. Can you give us a sample of what to expect? Presently scheduled to run on the final Sunday of the year. I think it's pretty obvious which albums are locks, such as Solomon Burke's "Nashville," The Coup's "Pick a Bigger Weapon," Dylan's "Modern Times." But I can't finalize the list just yet. I mean, there's always a chance that I'll love the new Bow Wow album enough to put it in my top 10. (It's a .003 percent chance. But a chance, nonetheless.)

So, I finally bought the newest Dixie Chicks album and it is awesome. What else should I stop dragging my feet on buying?

It's pretty terrific. So, so tune-ful, with great harmonies. And I like the Rick Rubin house band quite a bit. You might investigate the Jenny Lewis and the Watson Twins album, "Rabbit Fur Coat," if you haven't already. Also, one of the best albums of the year that nobody ever talks about is Candi Staton's "His Hands," an amazing soul album that includes covers of Burke, Merle Haggard, etc.

DON'T

GO TO BED EARLY. You'll miss the chance to feel all wondrously calm and at one with the universe. That's because the Geminid meteor shower starts tonight (viewing tips at Earthsky.org), and silently marveling at the night sky in winter silence has that effect.



TODAY ON LIVE ONLINE: Post food critic Tom Sietsema answers questions and listens to suggestions about D.C. dining at 11 a.m. | washingtonpost.com/liveonline

LOOK out People

REVELATIONS

Jolie Naively Pretends She Didn't Wreck Aniston's Bliss

ANGELIA JOLIE says she wasn't looking for a relationship when she began working with Brad Pitt on "Mr. & Mrs. Smith," adding that the couple "remained very, very good friends" after shooting the movie. Jolie didn't know where Pitt — then married to "Friends" star Jennifer Aniston — was in his personal life, the 31-year-old actress tells *Vogue* magazine in its January issue, on newsstands Friday. "But it was clear he was with his best friend, someone he loves and respects." "I think we were both the last two people who were looking for a relationship. I certainly wasn't. I was quite content to be a single mom," Jolie tells the magazine. (AP)



TIMOTHY A. CLARY/AP/GETTY IMAGES

"I'm not saying Brad's a cheater, but he's not allowed to have hot co-stars."

GOOD DEEDS

'Jesus, Take the Wheel' Is Sure to Be Popular With the Locals

Country music star **CARRIE UNDERWOOD** has signed up to entertain troops on her first United Service Organizations tour of the Persian Gulf. Underwood, the 2005 "American Idol" winner who was recently named CMA Female Vocalist of the Year and nominated for two Grammy Awards, will perform for and meet with service members on the tour. Exact dates and locations of her shows in the Gulf region were not made public by the USO. (AP)



MARK J. TERRILL/AP

ADDICTIONS

On the Wagon!

LINDSAY LOHAN says she's been going to Alcoholics Anonymous meetings for a year, but hasn't talked about it because "it's no one's business." "I haven't had a drink in seven days. Or anything," she told *People* magazine. "I'm not even legal to, so why would I? I don't drink when I go to clubs. I drink with my friends at home, but there's no need to. I have Red Bull." (AP)



"I was way better than recess."

GOOD DEEDS II

Just the Appearance of Aiken Can Cause Injuries

Two girls fell out of their front-row seats when "American Idol" runner-up **CLAY AIKEN** strode on stage at the Lower Nazareth Elementary School assembly in Pennsylvania to celebrate "Our Friend Mikayla," published this year by the Bubel/Aiken Foundation, which works on behalf of kids with special needs. (AP)

GOOD DEEDS III

'The Pursuit of Happyness' Just Got Easier in Baltimore



JADA PINKETT SMITH

has donated \$1 million to her high school alma mater, the Baltimore School for the Arts, asking that its new theater be dedicated to classmate Tupac Shakur, who was shot and killed in 1996. The money will be used for expansions. (AP)



Want to Quit Smoking? Give Research a Try!

(financial compensation is available)

Stamped copy on file with IRB: Revised May 31, 2006



The Center for Health Behavior Research, under the direction of Elbert Glover, PhD, is currently conducting a research study testing an investigational drug which may help people stop smoking.



Qualified smokers averaging 10 cigarettes per day, 18 years and older will receive at NO COST study related:

- Laboratory Assessments

- Physical Exams
- Individualized Counseling
- Study Medication or Placebo (1:1 chance of receiving the drug)

This study requires office visits and home diary completion for 6 months. To apply to enroll in this study, call Jessica M. Rath, PhD today- (301) 405-0128

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Dr. Brad Wolf D.C. has released a complimentary guide entitled "The Severe Back, Sciatica, And Disc Pain Guide." Discover what may or may not work for you. Even the most severe cases such as those with herniated discs may benefit. To receive your "The Severe Back, Sciatica, And Disc Pain Guide" free, call the toll-free 24 Hr recorded message at 800-357-5039 or go to

www.DiscReportVA.com



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IT Project+	Feb 19
Security Certified Network Professional	Feb 24
Microsoft.Net (MCPD.Net)	Feb 24
MCSE Windows 2003	Mar 22
Daytime Accelerated Programs	
Cisco Certified Network Associate (CCNA)	Jan 22
Security - CISSP	Feb 19
A+	Mar 12

For complete outline and schedule, visit our website at <http://ite.gmu.edu/techadvance> Arlington, Herndon and Loudoun

703-842-7404 advance@gmu.edu

LOOK out

Tones of Cities

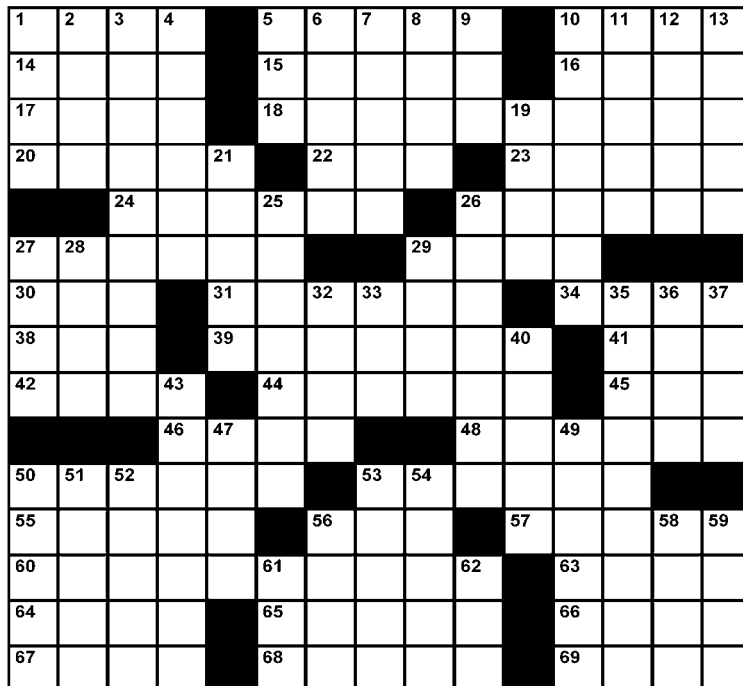
ACROSS

1 The soft end of the Mohs scale
5 Igneous rock, once
10 Rush-order order
14 Nautical heading
15 Stamp saver
16 Change totally
17 Mischief maker of folklore (Var.)
18 Largest city in Delaware
20 Height enhancer
22 Turn right
23 Bizarre
24 Kramden neighbor
26 Edible bulbs
27 Mr., in Milan
29 Frank
30 Cause of a blowup
31 Fifty-fifty chance
34 Turf roamers
38 Old Japanese capital
39 Largest city in Texas
41 Aussie hopper
42 Talkative starling
44 It goes with sugar on top?
45 First name in horror
46 Laborious journey
48 Taking a lunch break, e.g.
50 Children's zoo patron

53 Capital of Massachusetts
55 Skylit courts
56 Rhine tributary
57 German philosopher Georg
60 West Virginia capital
63 Words with "shame" or "boy"
64 Scrabble draw
65 Sly's family?
66 Words of self-denial?
67 Great number
68 Wine grape
69 Black fly

DOWN

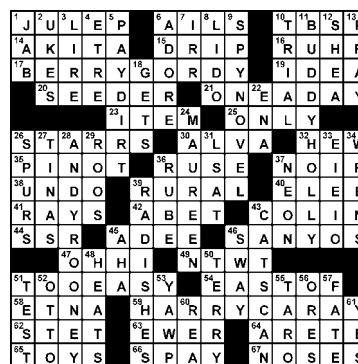
1 They run from time to time
2 Dismounted
3 Kentucky city
4 Sri Lanka, once
5 Persian plaint
6 Cordoba cohort
7 Physician to Marcus Aurelius
8 Shields or Yarnell, e.g.
9 His jaw was broken by a boxing
24-Across
10 Acrimonious activity
11 Brouhaha
12 Purple
13 Loaves of corn bread
19 What one little piggy had
21 Fidelity
25 Interstate overseer
26 Goes up against



27 Stop the flow of, as a liquid
28 Auto-race locale, familiarly
29 Go ___ winner (retire on top)
32 Display the blues
33 157.5 degrees
35 Virginia county
36 Showdown time, in oaters
37 Percussion instrument
40 O'er opposite
43 Nattily dressed
47 Bona fide
49 Angling in, as

a nail
50 International agreements, e.g.
51 Code of conduct
52 Singsong words
53 ___ Rouge
54 Town in southern Maine
56 Spumante source
58 "Como ___ usted?"
59 Cafe au ___
61 Uncommon sense
62 Place to surf without a board

Yesterday's Solution

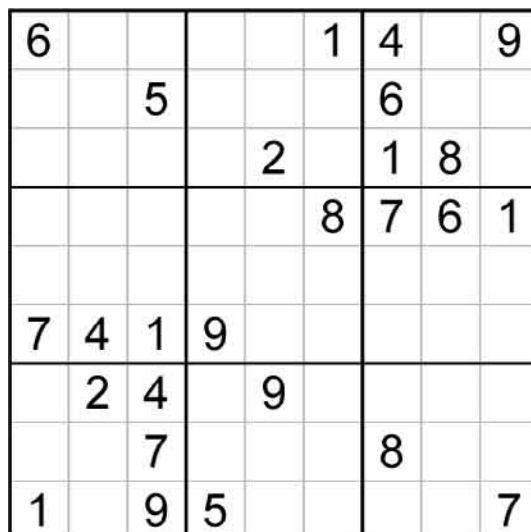


Su | do | ku

Degree of Difficulty: MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. For solution, tips and computer program, see www.sudoku.com

Yesterday's Solution



Need more Su | do | ku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section every Monday through Saturday.

express

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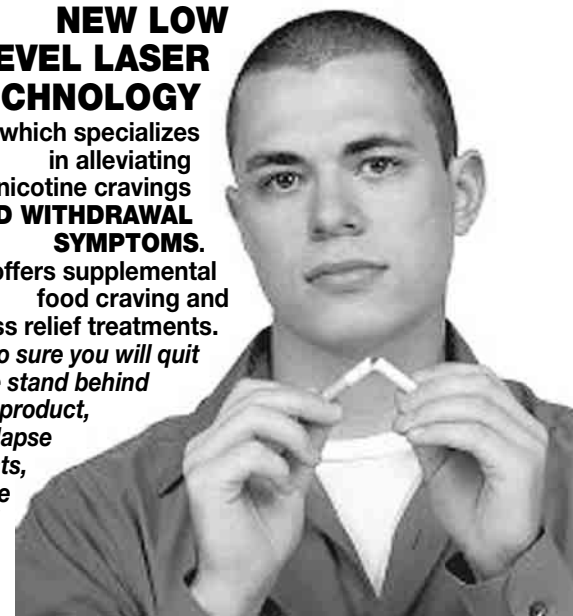
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Take Metro to the Kwanzaa Celebration

Dance Place resident dance company, Coyaba Dance Theater, will perform a special holiday celebration of Kwanzaa at 8 p.m. Saturday, Dec. 16, and 4 p.m. Sunday, Dec. 17. Students of Dance Place's adult African dance classes, youth dancers from the Coyaba Academy for the Arts and local gospel group Another Level will also take part in this year's celebration. Originating from first harvest celebrations in Africa, Kwanzaa takes place Dec. 26 through Jan. 1. The holiday commemorates family, community, self development and culture with a different principle focused on each day. For tickets and more details, call 202-269-1600 visit www.danceplace.org.

Metrorail: Brookland-CUA station on the Red Line.

Metrobus: 80, G8, H2, H4, H6, H8 or R4.



National Christmas Tree and Pageant of Peace

See the National Christmas Tree and specially decorated smaller trees representing all 50 states, five territories and the District of Columbia during the Pageant of Peace celebration on the White House Ellipse, 1600 Constitution Ave. NW. Musical groups from around the region will perform free concerts every night between 6 and 8:30 p.m. weekdays and 4 and 8:30 p.m. weekends through Dec. 23 on the Ellipse stage. For more details, visit <http://www.nps.gov/whho/pageant.htm>.

Metrorail: Federal Triangle on the Blue/Orange lines.

Metrobus: 32, 34, 35, 36, 52, 54, 66, 68, P2, P6, S2 or S4.

Friendship Heights

For a prime holiday shopping spot in Maryland, take Metro to Friendship Heights and visit Mazza Gallerie and Chevy Chase Pavilion. Located directly over Friendship Heights Metrorail station, Mazza Gallerie is a multi-level mall featuring stores like Neiman Marcus, Saks Fifth Avenue, Williams-Sonoma and Filene's Basement. Just across Wisconsin Avenue, shoppers will find more choices at Loehmann's and Chevy Chase Pavilion, a smaller shopping center that includes J. Crew, Pottery Barn, World Market and Ann Taylor Loft. For more details, visit www.mazzagallerie.com and www.ccpavilion.com.

Metrorail: Friendship Heights station on the Red Line.

Metrobus: 32, 34, 35, 36, E2, E4, E6, L8, N2, N4, N6 or T2.

METRO TIP

Take Metro for your holiday shopping and avoid sitting in traffic or hunting for a parking spot at the mall. Parking at Metro-operated lots is free on weekends and federal holidays, and reduced Metrorail fare rates are in effect during non-peak hours and weekends.



Yellow Line Service to Fort Totten Set to Start on December 31

Metro is gearing up to extend service on the Yellow Line to Fort Totten. Officials have begun installing more than 5,000 signs and maps in the Metrorail system that reflect the extended service, set to begin December 31. Service to Fort Totten will take place during off-peak hours: 9:30 a.m. to 3 p.m. and 7 p.m. to closing Monday through Friday, all day on Saturday and Sunday and most federal holidays. The Yellow Line extension is part of an 18-month pilot program, and the District of Columbia will cover the \$5.75 million cost of expanding this service.

By extending the Yellow Line to Fort Totten, passengers traveling beyond Mt Vernon Sq/7th St-Convention Center to Shaw-Howard U, U St/African-Amer Civil War Memorial/ Cardozo, Columbia Heights and Georgia Ave-Petworth Metrorail stations will have additional off-peak rail service. Weekday off-peak service at these locations, currently operating every 12 minutes, will operate every six minutes. On weeknights after 7 p.m. and on weekends, trains that currently operate every 15 to 20 minutes will run every 7½ to 10 minutes.

Look for the new system map in a station near you. It will take until December 30 to complete installation of the signage changes. Fare chart updates are expected be completed in mid-January 2007.

express

A publication of *The Washington Post*

DECEMBER 2006

Getting Ahead

GUIDE TO CONTINUING EDUCATION AND CAREER ADVANCEMENT

HIS GAME IS MUD

Mike Rowe digs into filthy careers on 'Dirty Jobs' | **E3**



DISCOVERY CHANNEL



Facialist Expressions: Wanna go to the spa every day? Study skin care, from zapping zits to waxing legs, at aesthetician schools | **E6**

Decking the Cubicles: A brief history of holiday office parties, from Caesar's rockin' Saturnalia to pot-fueled 1980s blowouts | **E10**

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On the Grime Clock

Host Mike Rowe gets down and filthy with his many 'Dirty Jobs'

Snake-infested waters. Sludge-filled sewers. The orifices of huge cows, feisty ostriches and scruffy dogs. During his workdays, Mike Rowe has put his hands in spots that are slimy, grimy and often downright dangerous. He does the kinds of tasks that most nine-to-fivers would rather not even think about.

But Rowe, as the host and worker in chief of Discovery Channel's mega-popular "Dirty Jobs," has spent more than 130 days toiling alongside dozens of folks with decidedly non-white collar careers: Chinatown garbage collectors in San Francisco, bug exterminators

in Louisiana, taro root farmers in Hawaii, marble miners in Colorado. The popular show recently began its third season (Tues. at 9 p.m.). Express' Jennifer Barger caught up with the Baltimore-born, San Francisco-based Rowe in between grubby gigs. He'd just thrown out his back working on an episode, but was still game to discuss the joys, hazards and lessons of being Mr. Unclean.

So, how did you hurt yourself?

This is the latest in my revolving list of injuries. I was at this tannery that makes the bottoms of bowling shoes. At one point, I was putting cowhides into a fleshing machine, and I kept doing this squat, pivot and stand combination. It took its toll on my back.



MUCKY GUY: Mike Rowe worked as a taro-root farmer in Hawaii on one episode.

Your background is in TV news, commercials and voice-overs. Did you ever think you'd be getting filthy for a living? How did this get started?

In 2001, I got a job hosting a San Francisco show called "Evening Magazine," and my general manager there was like, "For God's sake, wake up the narcoleptic audience."

So I pitched him a few ideas, one of which was a show I saw as like "Lifestyles of the Rich and Famous" without the rich, the famous or Robin Leach. Like a talk show in a sewer! I wanted to meet people who'd never had a camera pointed at them.

We started doing some of the obvious ones, like following a Chinatown garbage man and a sewer inspector. Then I did one on a guy who artificially inseminates cows. It was like something from a German porno. When the segment ran, it caused a panic. I got a couple thousand e-mails divided between outrage and delight.

Continued on page E4

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Getting Ahead

Continued from page E3

And then Discovery eventually came calling, and "Dirty Jobs" was born?

Yeah, people started watching my original three shows in alarming numbers. When Discovery bought the concept, I had to start coming up with more jobs.

Some of these jobs are pretty wild — roadkill removal specialist, casino food recycler, parade float dismantler, building salvager. How do you find these people?

Initially, I was doing it myself. But as of this week, we've done 130 jobs, and I'd say 90 percent of them came from viewers writing to us. Dirty jobs are everywhere, really.

Do these gritty tasks have a lot in common with each other?

Well, thematically, they fall into just a couple of categories — farm dirty, gruesome dirty, poo-related and petrochemical. But the best ones are things people have never heard of, things like chicken sexing.

You're very much in the trenches on this show, wearing the lobsterman gear or bat biologist boots and respirator and generally getting covered in muck. Why did you choose to be such an interactive host?

I really wanted to be a fly on the wall, an immersed host. I didn't think TV needed another comedian impersonating as a host. And I wanted "Dirty Jobs" to be a tribute to manual labor.

Viewers are smarter than we give them credit for being, and when they see you working, suffering and not cheating they'll indulge a corny joke or two.

So, how do you keep from getting



PAUL SODERS/Discovery Channel

"Dirty Jobs" takes host Mike Rowe to grubby places like a Washington quarry.

hurt? Some jobs — coal mining, snake tagging — seem dangerous. I have a healthy fear. The rule is I wear the safety gear my host does, and I take the precautions he or she does. We also have to be mindful, because I've got three guys looking at me through a camera lens. Oftentimes my crew goes into the pit or the bat cave before I do, so we need to be especially careful.

Any close calls?

I just helped run a mule team down

in the forest, hooking them up to these logs that weigh tons. We all got banged up. We broke cameras.

That sounds like another of the many "Dirty Jobs" that focus on the animal kingdom in one way or another. Has working with so many beasts changed your views?

Yeah, I think about 70 percent of the jobs have been animal related. People enjoy seeing humans interact with them. But the people I meet are generally working with animals on the way to the slaughterhouse.



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[Doing "Dirty Jobs"] has made realize that the role they play in our lives is bigger than we think.

So, what's the scariest creature you've worked with?

I have an understanding with the animal kingdom that is based on a certain kind of denial. I've been bit by snakes and walked on by cows. I've violated every animal in the barnyard, and I've been dragged across the ocean floor by a shark.

But being in a house for sick and injured monkeys outside Cape Town with monkeys covered in fleas which were crapping everywhere — well, it was nothing like "Curious George." A monkey — you see one and you want to pet it. You don't expect it to pee on you! One scratched my face, and another bit my soundman on the calf.

On the show, you seem to relish smelling foul things and telling viewers about them. Why?

It's part of my being a surrogate for the viewer. Smelling something and describing it is better than just saying "this stinks."

Is there any job too dirty for this show?

I don't want to go to a body farm or follow crime-scene cleaners, and I'm not going to be an embalmer for a day. It'd just be hard to feel good about watching pieces like that.

So, how do you get yourself and your clothes clean at the end of the day?

Well, I throw all of my clothes away after a job. I used to bring them home, but I worried they smelled so bad my neighbors were going to call the cops. Dickey's took pity on

BE LIKE MIKE: DIRTY, DIRTY JOBS YOU CAN TRY

Want to wallow in the muck for fun or profit? Get your hands dirty with these activities and classes that seem ripped from "Dirty Jobs."

In one episode, Rowe encountered just how stinky cheese-making is. Would-be fromagiers can learn to make mozzarella and more during two-day workshops at Vermont's Woodcock Farm (\$250, dairyfoodsconsulting.com). When Rowe toiled in a candy factory, his efforts made Willie Wonka's Oompa Loompas look lazy. Learn a kinder, gentler form of confection crafting at Stratford University's Feb. 10 chocolate workshop (stratford.edu). Growing mushrooms is a grubby biz, as Rowe showed in one episode. Explore the spore trade with grow-your-own cremini, button and portabello kits. (mushroomadventures.com). JENNIFER BARGER AND FIONA ZUBLIN

me, and they now send me boxes of work clothes.

I've started to think cleanliness, at least the way we've come to understand it, is a fiction. So I shower and try to remain presentable, but I'm not tortured about it. And I never take a shower before going to work. That'd be ridiculous.

Do you think it inspires people to make different career choices maybe?

It's funny, I ran into this guy in Newark last week who told me, "I watch the show with my kids, because there's a garbage man who lives down the street, and I want them to see what he's doing."

But I talked to another guy who watches "Dirty Jobs" with his kids and tells them, "See, if you don't go to college, that's what you'll be doing." People see it in different ways.

What sort of career advice can people get from the show?

There are definitely lessons in the dirt — I even get calls from Fortune 500 companies to come out and impersonate being a motivational speaker on this subject. I think working in a dirty job teaches things that you won't really learn in corporate America.

There's a simple pleasure in being able to look at what you did at the end of the day and see a difference. If you're a good ditch digger, the world looks different at the end of the day. It's very primal.



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Join the Skin Crowd

From facials to brow waxes, aestheticians pamper human hides

Stephanie Daily closed her eyes as the aesthetician massaged a high-octane exfoliant into her skin. The look on Daily's face said she was blissing out, but suddenly, a firm voice interrupted her reverie. "You're being too rough," said Azita Shafazand, an instructor at The Skin Care Center in Alexandria, Va., told the student aesthetician who was exfoliating Daily's skin. And 35-year-old Daily came back to reality — and another day in the classroom for this budding skin care pro.

Yes, people who yearn to give facials for a living really do need serious training. And their fellow



At the Graham Webb Academy, Lisa Nyden practices iontophoresis, aka using electric currents to infuse skin with vitamins.

beauty school students get to serve as their guinea pigs, indulging in facials, waxing, cellulite treatments and electrolysis for free.

This skin care side of the beauty biz is growing in popularity, thanks in large part to a populace that's increasingly concerned with health and wellness. And, OK, credit the many Americans who now suffer from spa addictions.

"It's nurturing, soothing, relaxing," said Christine Gordon, director of the Graham Webb Academy in Arlington, Va. "There are a tremendous number of people from the medical industry [that choose this career]. They've been working where people are sick, and they're used to working nights and weekends. But this is a totally different environment."

Graham Webb is just one of several schools offering skin care courses in the D.C.-metro area, a sign of the significant growth of this industry. Experts in the field are known as either "estheticians" or "aestheticians."

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Getting Ahead

Delving Into the Dermis

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in early Jan.; Full- and part-time courses available. Cost: \$9,000, includes student kit fee and registration fee.

→ **GRAHAM WEBB ACADEMY**, 1621 N. Kent St., #1617, Arlington, (703) 243-9322; grahamwebbacademyonline.com. Classes begin mid-Jan. Full- and part-time courses available. Cost: Call for information. Financial aid available.

→ **THE SKIN CARE CENTER**, 8403 Richmond Highway, Unit G, Alexandria, (703) 360-6521; theskincarecenter.net. Rolling admissions, classes starting each

month. Cost: \$6,500, includes tuition, fees, books and supplies.

→ **VICTORIA L. RAYNER'S INSTITUTE FOR CAREER ADVANCEMENT**; (202) 236-8510; victoriarayner.com. Distance learning and on-site classes start each month. Cost: \$50 per Continuing Education Unit and \$150 for registration.

→ **YVONNE DE VILAR SCIENTIFIC SKIN CARE**, 305 Maple Ave. West, Vienna, (703) 281-2070; scientificskincare.com. Classes begin Jan. 2; Full- and part-time courses available. Cost: \$10,974, includes tuition, books and supplies. L.T.

However you spell it, the business of dealing with the dermis has taken off. Blame it on a society fascinated with beauty (e.g., shows like "The Swan" or "Extreme Makeover") or stressed-out folks who love how relaxed facial treatments make them. Pampering your hide seems not only modern but also healthful and hip. That's what drew 49-year-old Mary Mascarenhas of Odenton, Md., to the career.

"I have always been interested in skin care," she said. "But I love the idea of helping people feel better and take better care of themselves." Mascarenhas is learning the field of aesthetics so she can perform services such as facials, waxing, electrolysis, body scrubs and wraps. Aestheticians typically don't do makeup and hair, as cosmetologists do. But Gordon said while the career is not as glamorous as cosmetology, it's a serious business.

"It's more academic than most of the other vocations in the beauty business," she said. "Students are learning more anatomy and physiology. You're working on people's faces, doing microdermabrasion and chemical exfoliation. You need to understand the skin type and the chemicals because you're working with acids."

This means the education demands are extensive before wannabe pamperers can be licensed. Students must complete a 600-hour course prior to taking a series of licensing exams. This basic program makes them eligible to do rudimentary work in salons and spas — facials, waxing, cellulite treatments and the like. Several schools also offer an additional 600-hour program to



At the Graham Webb Academy, Amanda Inge applies a mud mask to a fellow student.

students aiming to become master aestheticians, which meant they can perform more complex procedures like microdermabrasion and chemical exfoliation.

Suzanne Bettendorf, the director of the Aveda Institute Washington, D.C., said wannabe skin Svengalis should forget the one-room schoolhouse approach to training. "It's not a traditional environment of learning," she said. "It is so much more hands-on. People learn better that way. It's a high-touch area, and people are drawn to that."

The face time-heavy field appealed to 34-year-old LaVerne Walker of D.C., who was a legal secretary for 13 years. Walker gradu-

ated from the Aveda Institute in August. She now works at Synergy Day Spa in Adams Morgan, where she enjoys her new career.

"I love educating people about their skin. People neglect it," she said. "They come in to see me when they feel they've tried everything else. The best part is when they look as good on the outside as they feel on the inside."

Most of the area's aesthetician schools have standard fall and spring semesters. One exception is Shafazand's The Skin Care Center, which offers rolling admissions. Students can start the program whenever they choose. This

Continued on page E8

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Getting Ahead

Continued from page E7

means the program has students at all levels in class together.

"The students help each other, because one will know more about a subject they've already completed than someone who's just starting it," Shafazand said. "It's easier than having everyone learning something new at one time."

Courses cost anywhere from \$4,000 to \$11,000 for each level (basic and master). Some schools offer tuition assistance and grants. Each 600-hour program typically takes five to six months to complete.

Then, it's skin test time. To become a licensed aesthetician (required to work in Maryland and Washington, D.C., and necessary in Virginia, starting Jan. 1), students must take a 200-question written test and score at least 75 percent. A second practical test is also required, for which applicants must bring a test subject who's willing to undergo a free facial. Applicants must demonstrate on their guinea pig in front of three state examiners. Once he



COMPLEXION ISSUES: Christine Gordon uses a dummy to teach students skin care smarts at the Graham Webb Academy.

or she passes, the career opportunities are plentiful.

After working in a spa or salon for a few months or years and building up a clientele, many aestheticians choose to start their own

"I gave a client her first facial. She sent me a note thanking me. She said it made her feel special and changed her life."

LAVERNE WALKER, AESTHETICIAN

salons. Some go freelance, operating out of their homes or setting their own hours at an area salon (where they rent spaces) or doing gigs at department stores that need them to demonstrate products. According to the U.S. Bureau of Labor Statistics, about 48 percent of aestheticians are self-employed, operating their own businesses.

And the field includes other options. Paramedical aestheticians

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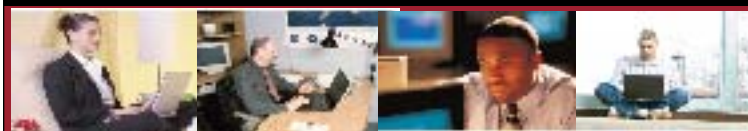
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work in doctor's offices and hospitals, helping to prep patients for upcoming surgeries or helping their skin recover after cosmetic surgery procedures. It's a specialty taught at Victoria L. Rayner's Institute for Career Advancement in Washington, D.C., where the focus is on producing aesthetic care-giving experts who can offer cosmetic rehabilitation and counseling, among other specialties.

"Doctors and dermatologists are specialists in skin disorders, not skin care," said Victoria Rayner, the founder and president of Rayner's Institute. She said there's been a high demand by local spas and hospitals for her graduates. "Doctors and headhunters call, and we never have enough people to fill [all of the] positions."

Whether they spend their days in salons, spas or doctor's offices, aestheticians can make a good living zapping zits and plucking Brooke Shields-esque eyebrows.

"Coming out of school, it's reasonable to expect a salary in the \$35,000 to \$45,000 range, but



THIS WON'T HURT A BIT, REALLY: A student practices leg waxing during a class at Arlington's Graham Webb Academy.

there are also tips and commissions," said Gordon. "Within a couple of years, expect \$45,000 to \$60,000. And aestheticians who have their own practices can make \$100,000 to \$160,000 a year." Gordon said those who work in the medical field often have higher salaries but lower commissions.

Job opportunities are expected to grow through 2014, according to the Bureau of Labor Statistics. However, competition is expected to get stiffer as more students graduate and start steaming and massaging their way into more experienced positions.

LaVerne Walker said all of her education didn't prepare her for one aspect of her new career: "I did not expect to make such a big difference in people's lives," she said. "I gave a client her first facial; I think she was around 60 and it was her birthday present to herself. She sent me a note thanking me and telling me how much she enjoyed it. She said it made her feel special and that it changed her life." LYNN THORNE

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Getting Ahead



FATHER CHRISTMAS: The tradition of an employer hosting a holiday party for workers traces its roots to Victorian England.

Office Party 101

Historically, reveling
with co-workers is
fraught with peril

As the father of the modern office party, Julius Caesar really knew how to throw down. In 45 B.C., the

Roman emperor showed up for a holiday party with 2,000 of his soldiers in the home of Cicero outside of Naples. Fresh from conquests in Egypt and Spain, he was ready for fun. He bathed, took a walk on the beach and, helped by emetics, "ate and drank without scruple."

And why not? It was the feast of Saturn, the down-home god of agriculture — the mid-December celebration called Saturnalia, a huge Roman favorite. Citizens would untie the bound feet of the god's statue on Dec. 17, and a week of carrying on would begin.



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Getting Ahead

"Loose reins are given to public dissipation," the philosopher Seneca reported. Schools were closed. Gifts were exchanged. Masters and slaves swapped roles. Drinking, gambling, feasting and "singing naked" would take place, according to one writer of the time. The poet Catullus said Saturnalia was the best feast ever.

As for Caesar, at the peak of his fame that holiday season, "he was pleased and enjoyed himself," wrote the statesman Cicero, who hosted the bash.

Two thousand years later, ancient Rome is in ruins, but this stubborn December tradition survives — as the modern holiday office party.

Some things are different. The use of party emetics did not catch on. Nor, as far as we know, did naked singing. A stripper did



YOU SHOULD BE COMMITTEED: Office party decisions, from decor to drinks, are often the result of haggling among workers.

show up at a D.C. Superior Court holiday party in 1981, but there's no record that she sang.

There remains, however, much that the Romans might recognize.

One year during a Christmas party at the White House, the West Wing burned down while the Marine Band played and President Herbert Hoover watched, smoking a cigar.

In New York in 1928, a Christmas fest held by a real estate mogul sparked a riot in Manhattan. Someone got shoved through a plate-glass window and later sued.

And in Washington, the best office yule soirees of the rollicking 1980s were famed for the brownies, seasoned with marijuana by the

Continued on page E12

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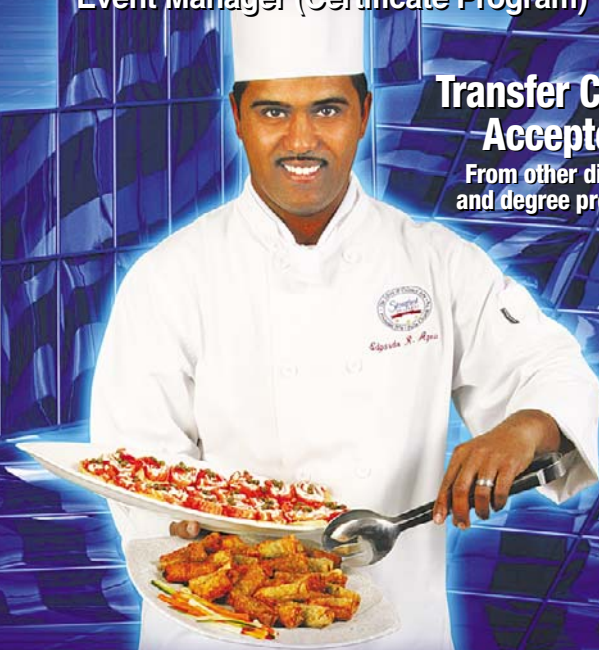
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Getting Ahead

Continued from page E11

hostess, a well-known advertising executive with the firm Goldberg/ Marchesano & Associates Inc. One time, she accidentally doubled the ingredients, and a sign was posted: "Be careful, the brownies are loaded. Only one to a person."

Down through the years, from the Romans to the Republicans, holiday parties have been occasions for merriment, romance, indulgence, drunkenness, lechery, abandon, even assault and murder.

"What is the company policy here at Christmas?" a secretary asks during the party scene in the 1957 comedy "Desk Set." "Anything goes," comes the reply. "As long as you don't lock the doors."

The modern holiday office party can be traced to Victorian England, where novelist Charles Dickens is often credited with returning Christmas celebration to fashion, especially with the publication of his book "A Christmas Carol" the week before the holiday in 1843.

At one point in the story, anti-Christmas Ebenezer Scrooge is shown in a dream the benevolence of his former employer, jolly "Old Fezziwig." The scene is Fezziwig's party, which may be the first depiction in modern English literature of a holiday office party.

"The floor was swept and watered, the lamps were trimmed, fuel was heaped upon the fire," Dickens wrote. "The warehouse



Yuletide work parties provide opportunities to chat informally with co-workers.

was as snug, and warm, and dry, and bright a ball-room, as you would desire to see upon a winter's night.

"In came a fiddler with a music-book," he wrote. "In came all the young men and women employed in the business ... in came the housemaid, with her cousin, the baker. ... There was cake, and there was negus, and there was a great piece of Cold Roast, and there was a great piece of Cold Boiled, and there were mince-pies, and plenty of beer."

A ghost points out to Scrooge how very easy it was for Fezziwig to make his employees happy.

The idea of employer benevolence went on to dominate holiday office parties as the 19th century



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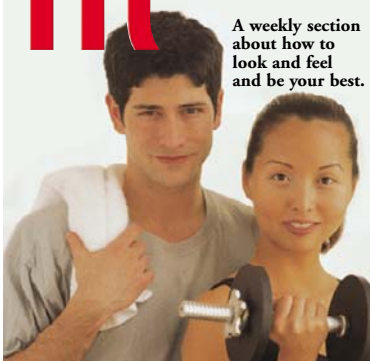
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gave way to the 20th. The custom was for the employer to appear among the workers and literally hand out money. Old newspaper files are filled with notices of the annual Christmas party thrown by this corporation or that, with the boss walking the shop floor handing out cash.

The giving of the Christmas bonus often was followed by eating and dancing. And drinking. In Dickens' day, there was the cozy holiday beverage "smoking bishop," a brew of port, red wine, oranges, cloves and sugar.

As the decades passed, though, office party drinks became more, uh, straightforward. And their consumption, and related misconduct, became mythical.

Lore from the middle of the last century tended to reference one



LOVE ON THE CLOCK: Misbehavior occurs at bashes. But snogging co-workers or downing eggnog won't help your career.

Smithers, from accounting, who got loaded and told off the boss, who was chasing Miss Crabtree around the water cooler, while everybody downed the wicked broth cooked up by the boys in the print shop.

"The annual Office Party starts along about noon on December 24 and ends two or three months later, depending on how long it takes the boss to find out who set fire to his waste basket, threw the water cooler out the window, and betrayed Miss O'Malley in the men's washroom." So wrote the New Yorker's Corey Ford in his 1951 humor book, "The Office Party."

But the reality of the overwrought holiday fete could be decidedly unfunny. Fights broke out. Merrymakers were injured or killed in car accidents on the way

Continued on page E14

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Getting Ahead

Continued from page E13

home. And, periodically, the party was the venue for homicide, usually over a romance gone bad. In 1939, in New York City, an ink company paymaster shot to death a female employee at the office Christmas party, then killed himself.

Police, lawyers, members of the clergy and company supervisors took notice. Party misconduct was unhealthy for the firm. Court cases would later find employers liable for death or injury incurred by employees who got drunk at holiday office parties.

In 1953, the new Republican administration decided to enforce an old regulation against drinking in government buildings and halt the seasonal party held at the State Department, traditionally hosted by the press. Aghast, one letter writer

protested: "Official Washington has been permanently changed!"

But times were changing. "Maybe if the malpractice is sufficiently exposed," a popular Washington newspaper columnist wrote in the early 1960s, "the whole office-partying program will go into discard."

Then came the go-go '70s and '80s, and an interest in the psychology of corporate culture. It turned out a company was a living being, like an amoeba, and had needs. One thing a company needed was happy employees, and happy employees needed to have fun. And the best way to have fun was to party!

There were, of course, many ways to have company fun. These were revealed via surveys conducted by Ph.D.s. Wells Fargo, it was learned, had an employee awards program that included a bag of fertilizer pro-



As office parties have been scaled back, some cubicle mates celebrate quietly.

vided by horses that pulled the company stagecoach.

In 1979, the Boeing Co. got into the Guinness Book of World Records for its two-day holiday blast for 103,000 people in the Seattle Kingdom. A big Wisconsin-based printing company once had a yule party with the founder dressed as an admiral leading executives dressed as sailors in songs from what they called "HMS Printafor."

But there were places where ancient traditions lived on — Washington, for example.

Here, according to many accounts, the most memorable holiday office parties were those thrown by the now-defunct Goldberg/Marchesano advertising firm. These were old-fashioned, jam-packed, Saturnalian affairs held in the agency's four-

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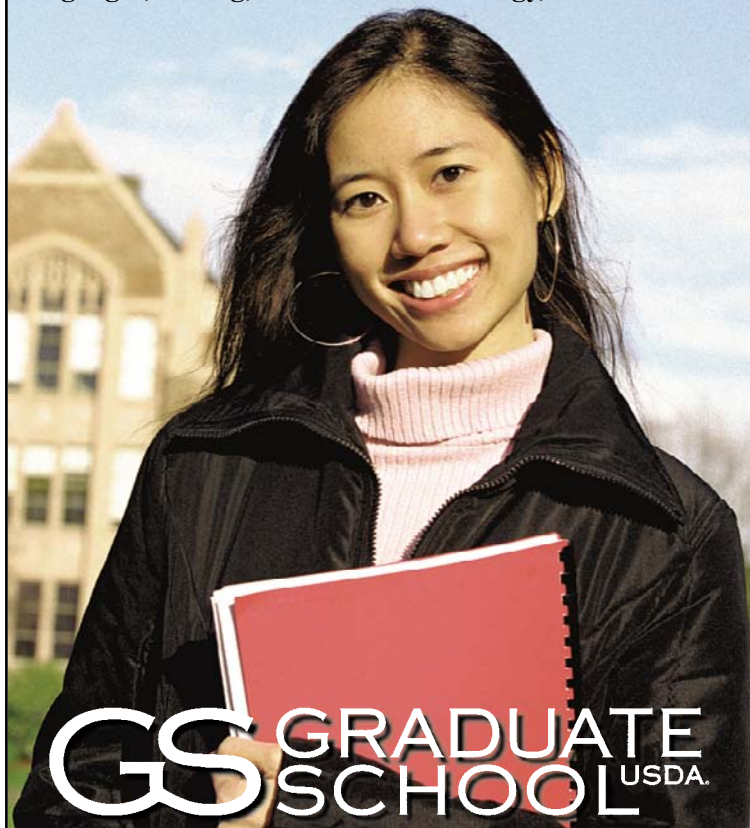
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Getting Ahead

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"There was legendary overindulgence, but precautions were taken. If people passed out, Carole Marchesano says, the sleepers would be carried to a basement office, where her husband, Norman Goldberg, would lock them in, for safety's sake.

One year, the agency moved the party to a nightclub to accommodate an unusual act: Uncle Heavy and the Pork Chop Review, an animal show that featured performing hogs and dancing dogs.

The last party was sometime in the late 1980s. The couple sold their business about four years ago.

The next decade brought economic insecurity, caution and social concerns. Some party money went for donations to the homeless.

The Christmas bonus, long gone, had been replaced by "performance-driven" incentives. With that in mind, experts studied party dynamics. It was found that social anxiety lowered the IQ. Alcohol lowered inhibitions. "So, you're kind of dumb, and

now you've got fewer inhibitions," one scholar warned. Office partying, like everything else, required skill, training and strategies, and it began to sound a lot like work.

Then came Sept. 11, and its slaughter of office workers. In the aftermath, holiday office celebration almost ceased. "Basically, holiday parties were nonexistent," says Susan Lacz, a principal at Ridgewells, the Bethesda catering company.

Sanitized, scrutinized and downsized, the holiday office party seemed doomed. But the human yearning to gather for the rites of winter still smoldered. Despite tight company budgets, the national mood and the state of the global economy, by 2002 the gloom had lifted. The year of mourning was over, and there was a sense that terrorism should not conquer life.

"It's human nature," Lacz says. "It's what we do. ... Having a need to be with others. It's celebratory." But lessons were learned.



Workers rarely get holiday bonuses now. Secret Santa exchanges are common.

Nowadays, there are often two company parties — one for employees and one for customers. The size of the party also depends on the fortunes of the industry. There have been troubles in telecommunications but good times for oil, defense and, in Washington, lawyers. "The lawyers are still partying," Lacz says.

The Romans would have understood. Unbeknown to Caesar, he was attending his last Saturnalia blowout that long-ago December. By March, he was dead, stabbed by jealous assassins. Cicero, the party host, didn't last, either. Two years after the party, he was tracked down by enemies and decapitated. The date was Dec. 7, and all over Rome people were preparing again for the annual feast.

"For how many years shall this festival abide?" the Roman poet Statius asked a century later.

As long as the hills of Latium survive and Rome stands, he answered himself: "Never shall age destroy so holy a day." MICHAEL E. RUANE (THE WASHINGTON POST)

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